

# CHOOSING HADLEY HALL

WE'RE EXCITED TO MEET YOU!

WHETHER YOU HAVE CHOSEN DORM LIFE AND HAVE SOME QUESTIONS, OR YOU ARE STILL STRUGGLING TO MAKE THE DECISION. WE'RE HERE TO HELP.



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# Why Should You Choose Dorm Life?

Well first of all, dorm life is incredibly fun! Girls get to live with other Christian young women from all around the world, who often become lifelong friends. It builds bonds that can rarely be matched in any other situation.

But even more than this, it teaches important life lessons. Dormitory girls learn conflict management, relationship skills, boundary setting, the responsibility that comes from living on your own, scheduling and time management. Dormitories naturally require growth in all these areas, but Deans and Resident Assistants also spend time teaching and coaching girls on growth as a Godly woman.



# **Meet The Deans**



## **Kim Hunt - Dean of Women**

Dean Kim comes to us from the Land of the Long White Cloud, New Zealand. She has lived in America for the past 20 years with her husband Todd, and two daughters, Hannah and Vanessa.

During her time in the US she has been a Head Dean and also worked for Advent Health. Both careers that she has a passion for and feels blessed to be a part of.

# **Kristi Young - Assistant Dean of Women**

Dean Kristi has loved working in a dorm since she was Girls Club President her senior year of high school. Being a Taskforce Dean at Milo Adventist Academy and then an RA and Student Dean at Southern Adventist University only affirmed her call to work in residence life. She loves hanging out in the office with the girls in the dorm and will always have a desk toy sitting on her desk when she is on duty. More than anything, Dean Kristi's goal is to be the big sister of the dorm who builds connections and creates memories with her residents.





# **Task Force Deaning Program**

Each year, SVA partners with Adventist Universities and the Adventist Volunteer Network to provide a host location for college students, wishing to take a mission year. These students come and serve in a deaning capacity and add life, energy, and perspective to our dorm program. They often become lifelong mentors to the dormitory girls.

# Here's what Hadley Parents are saying about their choice! Past nine independent

"We have been sending our children to SVA for the past nine years. I love the way they grow teens. They've learned independence, standing up for their faith, leadership skills, and have grown spiritually as a result of the positive spiritual focus cultivated by the staff. The dorm setting has helped them learn to interact with others in a respectful manner, encouraged life long friendships, and helped them gain independence in a safe environment. Choosing to send my kids to SVA is a choice I would make again in a heartbeat."

"Her biggest concern, as a teen, was will she have friends and going to a social event alone. Having a roommate reach out to ease her into social situations helped. She developed independence, organization, and leadership skills that were recognized. She adjusted well academically and has also made good friendships."

"The deans have been very helpful with any and all questions and concerns I had. Whenever an issue might come up, the deans have been available for me to reach out to, and they've even reached out to me with concerns they might have had that I would not have known. They also do implement structured schedule for the girls with mature RA's to enforce the rules."

"We have a daughter who lived in the dorms and graduated from SVA. The transition to living in the dorm in college has been really easy. She has had no adjustment issues like her friends there who never lived in a dorm before. She loves being independent and on her own. She has developed very close sister like relationships with friends who were with her at SVA in the dorm. She is in constant contact with them even though they are at other colleges or universities."

"The deans have always treated my daughter and our family with kindness and care. Whether it be helping to manage a difficult situation with a friend or helping her when she's not feeling well they have provided compassion and been a "parent" when we're not physically there. So grateful for each of them!"



#### Q: Are there adults that will check in with my child each day?

A: Yes. Your child will be assigned a faculty family which provides small group check-in and prayer time with a faculty member Monday through Thursday. Students also have ROK friends which are church members who take time to pray for them, and send gifts and encouragement throughout the school year. Deans are on around the clock and make a point to check in with residents as much as possible. Student Resident Assistants interact with the girls on their hall each evening and report to the dean if a student may be having a rough day or any other concerns.

#### Q: I'm worried about my child. What should I do?

A: This is exactly what Deans are here for! Feel free to give us a call. We're happy to give an adult perspective, or put eyes and ears on any situation, and intervene where necessary. We'll also help to set up a plan of action if one is needed.





#### Q: My child's grades have dropped lower than normal. Should I be concerned?

A: Dormitory life can be an adjustment at first. Students must learn to set boundaries and manage their time. New students may experience a normal, but usually short, adaptation period where grades may drop or you hear about small behavioral issues such as room check failures or being late to appointments. However, if the problems persist, it may be best to call a Dean.

#### Q: Since I am not with her, what is the best way to ensure that her social life is healthy?

A: Deans are here to look out for and educate residents, as well as intervene where necessary. Conflict management, friend issues, loneliness, anxiety, overall school performance or any other emotional concerns are often areas we can partner with you or your student to help resolve. Please reach out and contact us if you have concerns about your child's overall wellbeing. It's what we're here for! But it's not just Deans. Boarding Academy faculty know you can't be around to put eyes on them each day, so we all make a point to look out for and mentor your child. Student leaders (Resident Assistants) are also taught to seek out the students who are struggling and include or guide them.



#### Q: How much will I be able to be involved as a parent?

A: We hope you stay just as involved as you want to be! You are welcome to come up and visit your child, especially on weekends. We have policies in place that help you maintain decision making power, such as our sign-out policy. No student is allowed to leave campus without their parent's consent. If you have concerns, such as cellphone time, we're happy to help you set up restrictions. Most of all, we're here to give you support and back up wherever we can. It's our goal to show teenagers, who so often test the waters, that their parents are a lot more wise and wonderful than they might realize.

At Hadley, residents also have a dorm grade. This does NOT affect GPA or show up on transcripts, but it does keep you in touch with how they're doing with dorm life. You'll have access to room check cleanliness scores, receive notifications about tardies to things like worship, if they were with friends instead of studying during study hall, were up after lights out, or other minor dorm infractions.









#### Q: Can my child have a refrigerator or microwave in the dorm?

**A:** Yes they may have both. Refrigerators are an extra \$30/semester however. This cost can be shared with a roommate.

#### Q: Can my child have meat or caffeine in the dorm?

A: We are a meat and caffeine free campus and ask that students refrain from bringing these items to the dormitory.

#### Q: What if my child doesn't like a meal in the cafeteria?

A: Many students bring snacks and keep them in their room. We also have a dorm store where residents can purchase food items. Italian Job, a local eatery, delivers to our school as well. The Cafeteria is also always willing to give them the supplies for a good old PB&J if they like.



#### Q: Is it safe for my child to keep cash in the dormitory?

A: We suggest that students keep only a minimal amount of cash on hand in the dormitory. Though stealing tends to be rare, it is an unfortunate possibility. Of course room keys are always provided, and we encourage that doors are kept locked. Students have week day access to a student bank in the ad building where their money can be kept safely.

#### Q: Does the dormitory place any restrictions on my child's cellphone?

A: Yes. Freshmen and Sophomores are required to turn their phones into the Deans' Office every night before study hall. Juniors and Seniors must have theirs turned in 10 minutes before lights out. All students may pick up their phones when the dean opens the office at 6:30 the following morning. Students who are struggling with grades or behavioral issues may incur further restrictions. All students must turn their phones in at 7pm on Friday night and may pick them up again after church on Sabbath. This helps us create a positive, spiritual, and interactive Sabbath experience. If you need to speak with your child during that time, please call the Dean.

# Q: How can I contact my daughter if she doesn't have a cellphone?

A: The Dean carries an on-call cellphone 24/7, and she can get you in touch with your daughter. The dorm also has four phones students may use to contact parents.

Evenings (after 5:30 pm) are the easiest time to reach students.









#### Q: What happens if my child isn't feeling well?

A: If your child isn't feeling well, they should come and see the Dean. Or if they are in the ad building, the Registrar or School Nurse can help. We will give any necessary meds (if you have previously designated permission during registration) and/or place them on sick list. Students remain on sick list until the following morning. While on sick list, they are to stay in their room with no visitors and take time to rest. Meals are brought to them and a Dean checks in regularly. Each time the Dean or the School Nurse checks on your student, you will receive an e-mail stating how your child is doing with symptoms and temperature, or if any medications were administered. If you have questions or concerns, please do not hesitate to call the on-call cellphone. If you feel your child may need to see a doctor, we are happy to discuss options for how this can be done. The School Nurse may also contact you with a request that your child see a doctor if she feels it is necessary. We do ask that all routine appointments be taken care of at home.

# Dean Kim's Helpful Hints For Your Best Dormitory Experience

# Think through the personal boundaries you might have and know where to set them before you start the year.

- The dorm is a big, social place. You may be really social yourself and love having girls over all the time. Or you may need your space and quiet time. It will be essential to work this out with your roommate so that these needs are met.
- How do you feel about sharing your clothes and other personal items? If she is a really close friend, is it OK if they borrow something without you present?
- What types of boundaries do you need to set around study time?
   RA's will help to keep halls quiet and enforce visiting hours during study hall, but ultimately you set the ground rules here.

## Be aware of your schedule and balance your time wisely.

 This is the first time you won't have Mom or Dad around to help you know how to schedule time for laundry or cleaning your room. It's also your job to get to class on time. This can take some practice, but getting the hang of it will be essential to your success.

# Take the time to learn conflict resolution and practice communication.

- Living with someone else can be challenging. It's often the most simple of differences that can be the hardest to work through.
- Seek first to understand: Many times conflicts can be resolved by just listening and putting yourself in their shoes. Don't make prejudgments about their behavior. Give them a chance to explain.





# Be realistic about what should be friendship or roommate deal breakers.

It may get incredibly annoying that your roommate always leaves the
vacuuming to you, but if you switch roommates, they'll do something
just as incredibly annoying too. Learn to work through these things,
not just create hurt in your relationship or count them out as a bad
roommate. Often, those that you give this opportunity to will
become your lifelong closest friends.

## Build a relationship with your RA's and Deans.

• By doing so, you really plug into dorm life and make it feel like home. These relationships will broaden your opportunities and can help you to improve your experience overall.

# Balance trips home with staying for fun and important weekend activities.

The weekends are often the icing of what boarding academy life has
to offer. It is when friendships are deepened and memories are made.
It has been our experience that students who sign-out most
weekends, struggle to break into friend groups and build
relationships.



# HAVING A ROOMMATE MIGHT SEEM AWFULLY SCARY...

Sharing your space with someone you don't know can feel intimidating, but it doesn't have to be.

It can feel lonely without a roommate.
I love having someone there to talk to, share my day with, help me through stress or homework, or anything!

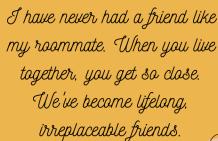
MY ROOMMATE AND I AREN'T IN THE

SAME CLASS, AND I LIKE IT THAT WAY.

SOMETIMES IT'S BEST TO ROOM WITH

WHOLE DAY WITH. I LIKE THAT WE HAVE

OUR OWN LIVES.





BREAKING INTO A NEW

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SOMEONE TO SIT WITH IN

THE CAFETERIA.

# ROOMMATES: YOUR QUESTIONS ANSWERED



#### Do I have to have a roommate?

Yes, dormitory residents are required to have roommates with very limited exceptions. Not only is our space limited, but roommates teach invaluable life lessons, create lifelong friends, and keep dormitory costs lower through shared utilities. You may petition the Head Dean who will take your request to Administration for an exemption. However, please be aware that single occupancy rooms are an extra \$100 per month, if approved.

#### What if I have a roommate already picked out?

If you have a roommate in mind, you may of course submit a request to the Head Dean via e-mail.

#### If I don't have a roommate, how is a roommate chosen for me?

Dean Kim will happily select one for you. To do so, she does her absolute best to learn about who you are before your arrival. This can include talking to staff or students who have interacted with you, or looking through your registration file. She also welcomes emails in which you help her to know a little more about you! If you like, take the time to fill out the survey on the next page.



All roommate assignments are given out on registration day.





#### What if my roommate and I aren't getting along?

We always make sure to give it our best try. Simple conflicts revolving around personal preference or annoying habits will always be there, no matter who we room with. Taking the time to work through conflict is important, however, sometimes there are irreconcilable differences. Dean Kim will be happy to help you find a solution.

#### Who do I contact if I have questions or concerns?

Dean Kim works with all roommate requests and assignments. You can reach her after August 1 by e-mail at kim.hunt@svasda.org

# ROOMMATE QUESTIONAIRE

We're all different, and there's nothing bad about it! The more truthful you are, the better the pairing may be.

Three words that best describe m	e are:
Some hobbies and interests that I	have are:
Three qualities I would like to hav	re in a roommate are:
Please rate yourself and your pref 1= not like me at all	

I like the temperature in my room to be cool.	1	2	3	4	5
Things should be kept neat and orderly.	1	2	3	4	5
I am very social.	1	2	3	4	5
I am very specific about how things are kept and worry about letting others borrow what I have.	1	2	3	4	5
I am a night owl.	1	2	3	4	5
I need lots of study time.	1	2	3	4	5
I need things completely dark and quiet to sleep.	1	2	3	4	5



# **Hadley Hall Suggested Supply List**

- Battery Operated Alarm Clock
- Flashlight
- Umbrella and rain boots
- Sleeping bag for school sponsored trips
- Surge Protected extension cord
- Shower curtain and rings (Optional: A plain plastic curtain is provided.)
- Laundry basket, detergent, fabric sheets.
- Permanent laundry marker (please mark all clothing!)
- Two sets of sheets, blanket, pillow, comforter for twin size bed
- Decorative rug (Optional)
- Toiletries
- Britta Water Pitcher
- Box Fan
- One piece modest bathing suit, flip flops, beach towel
- Camping Chair
- Portable phone charger (not wall plug in) for when phone is turned in at night.

- Hangers
- Plastic food containers for any food kept in room (prevents insect and rodent infestation).
- Microwavable bowl, plate, and eating utensils
- Cleaning supplies for room and bathroom, including toilet brush.
- Paper towels, trash can, trash bags
- Ear buds or headphones

# Please do NOT bring the following items to the dorm:

- Candles, incense, lighters, candle warmers
- Jewelry
- Hot plates, electric frying pans, toasters, or anything with an open heating plate/element
- TVs, DVD players, DVDs, gaming systems, projectors
- Computers or iPads
- Halogen lamps

# FIRE SAFETY Resident Requirements

- Appliances, such as microwaves and refrigerators, must be plugged directly into the outlet. You may not use an extension cord at any time.
- Extension cords may not be used as permanent wiring. This
  means extension cords may only be used when the item
  plugged into it is in use, and removed after use.
- Surge protected cords or multi-outlet power strips with built in circuit breakers, may be used.
- Extension cords may never be plugged into another extension cord or safety plug.
- Multi-plug adapters are not permitted.
- Items with an open heating element are not permitted. (ex: candle warmers, hot plates)
- Air freshener plug-ins are not permitted.
- Please help us by keeping exits, fire doors, and hallways clear at tall times





# **On-Call Cell Phone:**

540-333-4592

# **Hadley Hall Deans' E-mail:**

GirlsDeans@svasda.org

