

# Shen-Val-Lore

The Student Voice of Shenandoah Valley Academy

Shenandoah Valley Academy

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## ALMOST ANYTHING GOES

BY KENNETH LAUGHLIN

Almost Anything Goes is the real kick off of to the year. The freshmen have the highest hopes of winning and taking it all home, while the sophomores are bustling about to at least beat the freshmen. The juniors, filled with new pride at being upperclassmen, believe that they will crush the seniors, while the seniors have growing expectations; this is their year—their turn to win. Saturday night, August 17, 2013, we all started getting pumped as we waited outside the gym for the Student Association to get set up. This year the freshmen were very bold, and used that time to organize themselves. After most of the classes were inside, in came the freshmen, whooping and hollering. It was quite a sight to behold.

The SA had a word of prayer to get started, then immediately started the dizzy bat race. This is a relay race where, one at a time, people from each class run to the center of the gym and place their foreheads on the base of a bat, place the bat on the ground, and rotate ten times around the bat without letting the bat come away from their foreheads. Students then hopped to the next activity, which was the mattress surf. We had thirty members from each class make a criss-cross line lying on their backs on the ground, and then they passed a person back and forth on a mattress. The more times the people are passed, the more points. The class

with the highest points at the end wins. After the mattress race, the seniors got together and made a chant that they subsequently performed after every event to boost morale.

Up next on the agenda was the toothpick game, where fifteen people from each class held toothpicks in their mouths and had to pass a lifesaver candy to the next person in line without using their hands. If the lifesaver dropped, the team must start over from the beginning. Towards the end of the evening the chariot race began, where two people drag another person in a sheet for one lap around the gym and then trade out with the next set of three, and the class with the most laps in the set time wins.

A few new events were added this year, including the eight-legged race and the mad relay. The eight-legged race was similar to the tradition three-legged race, except after the first pair of students made it back to the line, another person was added. In the mad relay, each participant ran to the center of the gym, grabbed a paper, read it, and followed the instructions given all the way back to tag the next person. The most common one was dance the Macarena, but there were others, like the worm and army crawl.

Finally the points were being tallied, the seniors were chanting, and everyone was getting ready for the big reveal. Fourth place was announced

to the freshmen, and at this news the sophomores were elated that they had not lost entirely and undoubtedly won third. “The juniors come in second” was announced and immediately the seniors began jumping and shouting and running about in celebration of their victory. There were chest bumps, high fives, and hugs all around.

As everyone moved out back behind the gym through the side door, seniors still crowing with delight, students saw a huge water slide such as has never been seen here at SVA, for it was nearly twice as wide across as the years previous, and was all soaped up and ready. With some faculty, including Mr. Johnson, Mr. Twomly, and Mr. Jedamski, manning the slide and water, we were off! This year there was tons of soap, which helped reduce the number of injuries, as well as provide a more enjoyable ride. The only downside to all the soap was that people were getting it in their eyes, but that did not deter the mass of students crowding to go down. As people got soap in their eyes, they would go to the hose and flush it out so they could ride again.

In the climax of the fun the staff told us it was time to return to the dorms. We all left, but not before the seniors had one more victory chant together. All in all it was the best Almost Anything Goes in the past four years at SVA



## SA HANDSHAKE

BY KIM OWEN AND TATIANA MELENDEZ

Handshake was the opening SA event of the year. We all gathered on Monday, August 12, in the auditorium for the first time; Freshmen sat on the front right, Sophomores on the front left, Juniors in the back on the right, and Seniors at the back left. After faculty lined up, we were dismissed by classes, beginning with the Freshmen. Once the Sophomores were all lined up, it unfortunately started to drizzle.

Every year, it's tradition that Seniors pull some kind of prank as they make their way down the line. We didn't know what to expect this year. Would it be honey? Vaseline? Mud? No one had any idea what was about to hit us. As the Seniors made their way down the line in their newly earned crowns, the evidence of a colorful substance began leaving its mark. Due to the rain, our blurred vision made it difficult to see and defend ourselves against the outstretched hands, grasping at our faces and clothes, trying and succeeding effortlessly in smearing paint everywhere. I had made it successfully through all the seniors until Bethany Dennis decided I

needed some more blue and green paint added to my soaked complexion. It was extremely messy, but we were lucky that the rain washed most of the remaining paint off our bodies.

After most of the seniors had finished, we ran through the now pouring rain across campus and found shelter along the front of the student center, where staff members stood ready to serve us behind tables covered in different flavors of ice cream and assorted toppings. The lines seemed to go on forever, and it was incredibly crowded under the limited protection. A few groups of friends decided that the rain and rapidly forming puddles were an excellent source of fun and entertainment, and unceasingly ran about splashing each other. TC Coleman was constantly shoving his camera-on-a-stick in everyone's faces, despite their attempts to hide from it. That footage should be fairly interesting come Video Yearbook. Overall, the SA Handshake was quite an unforgettable event, and it's certainly something worth remembering.

## UPCOMING EVENTS

### AUGUST

28-September 1 Senior Survival

### SEPTEMBER

2-6 Week of Prayer

3 Senior Portraits

4 Underclassmen Portraits

8 Sunday School

8 SA Picnic

11-15 Homeleave

16 Lion's Club Screening

19-22 S.A.L.T.

22 ACT

27-28 Dorm Retreat

### OCTOBER

4 Faculty Family

6 Outdoor Ed

6 SAT

6-7 WAU Preview

11 End of First Quarter

12 Music Tour

13 Sunday School

15 Academy Day

16 PSAT

16-20 Homeleave

24-26 Potomac Teen Bible Retreat

27 ACT

27 Barn Party

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RA WEEK

BY ANDREA HERRERA AND T.C. COLEMAN



While on summer vacation, I got a call from Dean Kelly telling me that I was an RA. You can only imagine that my first reaction was excitement—I was finally going to get to be a resident assistant. So I packed up my bags and left home for school a week early to prepare for the upcoming year.

When I got to the dorm, Dean Kelly handed each of the girls a journal so we could write our thoughts and ideas down during worships, as well as to take notes during our meetings.

During RA Week, we had a guest speaker named Tammy, who had been a Task Force Dean a few years ago. She gave most of our morning and evening worships; one of these was held at the gap, and Tammy talked about patience. She really opened my eyes as to what being patient really means and how it is a habit that you have to practice over and over again. Every morning and evening worship we focused on a specific character trait from Colossians 3:12-17. During that time we came up with different ideas for what we would be able to do for this year, which we wrote in our prayer journals. One night we went to the New Market Park and discussed the dorm handbook and how we as RAs should use our authority.

Some reasons for RA Week is for all the RAs to bond and get to know each other and prepare ourselves for the girls that will be living in the dorm, but those are not the only reasons. We woke up at 8:00 am

for breakfast, had morning worship, cleaned until lunch, again until dinner, and then had evening worship. During our day, our breaks consisted of meetings. To clean, Dean Kelly paired us up by suitemates. Alex Wetzel and I cleaned our hall, as well as the 1st floor hall with Laura Keplinger and Sarah Davis. When we were done cleaning our halls, Dean Kelly gave us a couple other cleaning assignments, but the girls finished cleaning our dorm before the boys finished theirs.

The last weekend, we went camping at Dean Gerry's parents' old barn. We spent time with the guys, and had a lovely weekend full of bug bites and Mother Nature (it rained on us). The night of the camping trip, the boys and girls split to have a short meeting before our worship. When we were about to end our meeting all the guy RAs came running and surrounded us, yelling, carrying sticks with paint on their faces. It was the funniest thing, and the one of the best parts of the trip.

The highlight of RA week for me was Friday night, because we went canoeing and had a bonfire. But it wasn't just because of that; it was because we had all bonded and shared our ideas and goals for the next year. After our RA retreat in the barn, we came back to SVA and ended our Sabbath with a Prayer Walk across campus. The whole experience was a great way for us to begin the year.

It was Sunday, August 4, and I found myself walking into Phanstiel Hall to start my senior year, and the first thing I saw were some of the ten character traits: patience, understanding, emotional intelligence, and friendship for life. That's when I realized just how important all ten character traits are, and how proud I am to be a Man of Stiel.

Being an RA isn't a job, it's a calling, and RA week is a testament to that fact. During RA week the deans and resident assistants decide how they want to change dorm legislation, rules, and things that are of concern for them.

Monday morning came, and the first thing we did before working was have worship and a short devotional. Since we want Phanstiel hall to have a spiritual feeling and outlook, we consciously make spirituality our most important goal. To make sure we are emotionally invested in the dorm every year, the RAs were asked to clean the dorm, from the top to the bottom. Each room took approximately 30 minutes to an hour to clean and put together for the next year. It is very hard work, and I was thankful when the cleaning part was over. The satisfaction of being finished and ready to start a new school year made it worth it.

When Friday morning rolled around, it was time for the Phanstiel and Hadley

Hall dorm retreat. We first stopped at IHOP for a warm and delicious breakfast before we embarked on a two-hour, extremely competitive game of kickball, in which my team was decimated. But that was not the point of the RA retreat. We traveled about thirty miles south of New Market to Gerry Davis's father-in-law's ranch, where we stayed in a barn for the whole night. DeanGerry gave the boy RAs a challenge—to make a fire with a piece of fishing line and a stick. I have watched Man vs Wild, and I can say he makes it look much easier than it actually is. The boy RAs tried to make a fire for an hour, and even though everyone was unsuccessful, we learned that teamwork and encouragement make it a lot easier to work and communicate with those who are around us.

To finish off our week of working in the dorm, we came back to SVA to finish up the last of the cleaning and to do a prayer walk around the campus. All of the Shenandoah Valley Academy faculty and RAs on campus walked into every room on campus to ask our Lord Jesus Christ to watch over us and bless us in all the things that we do on campus. Yes, being an RA is hard work; but, seeing all the good that come from it makes it all worth it.



SUMMER WORK AND PRESESSION WEEK AT SVA

BY JULIA JEDAMSKI



Working at SVA during the summer is an enormous difference from the school year. All of the students leave and SVA turns into a quiet, lonely place, with just a few workers and some staff keeping the place running. Making sure that everything is finished for the upcoming school year is a huge challenge. During this past summer there were many obstacles that needed to be overcome, such as getting the registrar's office remodeled while still trying to finish every single one of the many projects in time. Even under all of the stress that was put on everyone, I could see the excitement of the staff every time I put a new student's name into RenWeb. Deans came into the office frequently, wanting updated lists of

students to assign rooms to in the dorms. They were so happy when they saw that the list was longer than the previous week.

Letters, emails, and phone calls were all a part of the communication to returning and new students to check on everyone's progress in getting ready for the new school year. SVA received a lot of new students this year and it was definitely a blessing, but we unfortunately also had students withdraw from SVA which was a noticeable disappointment to the staff. Work in the offices never let up all summer, and it seemed like everyone was pulling extra hours to get all of the tasks complete.

During Presession, the staff gets together in meetings before school starts to get

everything ready. This makes it a challenge to get projects done, because we have extra work and much less time to do it. While student workers tried to manage without the staff around, it soon became a very stressful environment, but the staff went through each room and prayed for those who were and would be in that room that year for God to guide them and to help the year go smoothly.

With persistence, tasks were finally being completed, and registration was here. SVA has a wonderful student body and the year is off to a great start, but none of it would have happened without the staff and their student workers this summer.





GIRLS’ CLUB

BY MARCIE NDAHAYO

Each year, both the girls’ club and the boys’ club elect officers to act as leaders throughout the school year. On Thursday, August 22, the girls in Hadley Hall did just that. This school year’s election process was very different from last year’s because more girls entered the running. During the first week of school a list was posted in the dean’s office, allowing girls to sign up. At worship on

August 21, all of the girls who wanted to run introduced themselves to the dorm. The girls let us know a little bit about who they are, and they talked about the changes they wanted to make in the dorm if elected. The speeches were not only creative, but very uplifting. Some of the girls really knew what they wanted to do in the dorm, and they seemed determined to make the year not just fun, but also

make students feel as if the dorm could be a home away from home. After worship the next day the RAs passed out ballots during study hall so we could vote, and we received all of the results about an hour later. The following girls are very happy and excited to be representing the girls’ club for the 2013-2014 school year, and they are all determined to make it a positive year that will be remembered.

GIRLS’ CLUB OFFICERS:

- President: Najma Calhoun
- Vice President: Marcie Ndahayo
- Pastor: Claudia Lapido
- Secretary: Karina Ruiz
- Treasurer: Julie Nam
- Chorister: Bethany Dennis
- Special Events Coordinator: Sarah Davis



A DAY AT KINGS DOMINION

BY BETHANY DENNIS

While Sunday morning, August 18, was a rainy one, the Juniors and Seniors were pumped for a full day at Kings Dominion. The excitement really showed in Reiss Ramirez as he sang loudly the whole way there. We went through many small, cute towns that had no cell phone service, and though this was a struggle, we all survived somehow. Besides this traumatic experience, the trip over was great.

When we finally arrived at “Virginia’s premier themed amusement part,” it was still raining, but many of us ran to the Starbucks at the front entrance to warm up and finally enjoy the coffee that we had missed so, so very much. I noticed many of the students chose the Volcano as their first roller coaster of the day. This roller coaster is the most popular ride at Kings Dominion, and always has a very long line, but we got lucky; there weren’t many people since it was raining. The Volcano is one of my personal favorites. I asked Nathalya Barg and Gabby Whonder what their favorite roller coasters were and they agreed that the Volcano was one of the best. Nayana Wal-lauer said that her favorite roller coaster was the Flight of Fear.

Let me just let you all know that it was wet and cold the whole time we were there but we really did look at the positive side of everything that day. Gabby Hortua said, “It was really cool sitting on the front row of each roller coaster because you would really get hit by rain the hardest.” Almost everyone I saw had a great time overall. We got a decent meal, coffee, and bonding time. Even though the weather was dull, it was still a fun day. We were very fortunate to have such a wonderful weekend full of laughing.

On the way back, we were a little less talkative because we were tired from the fulfilling day we had had. For the Seniors, this year is the last time for everything, and although we cannot see the finish line yet because it is so early in the year, we really should make the most of every day and make unforgettable memories. I remember that when, the next day, all the upperclassmen Shenandoans sleepily went to class with

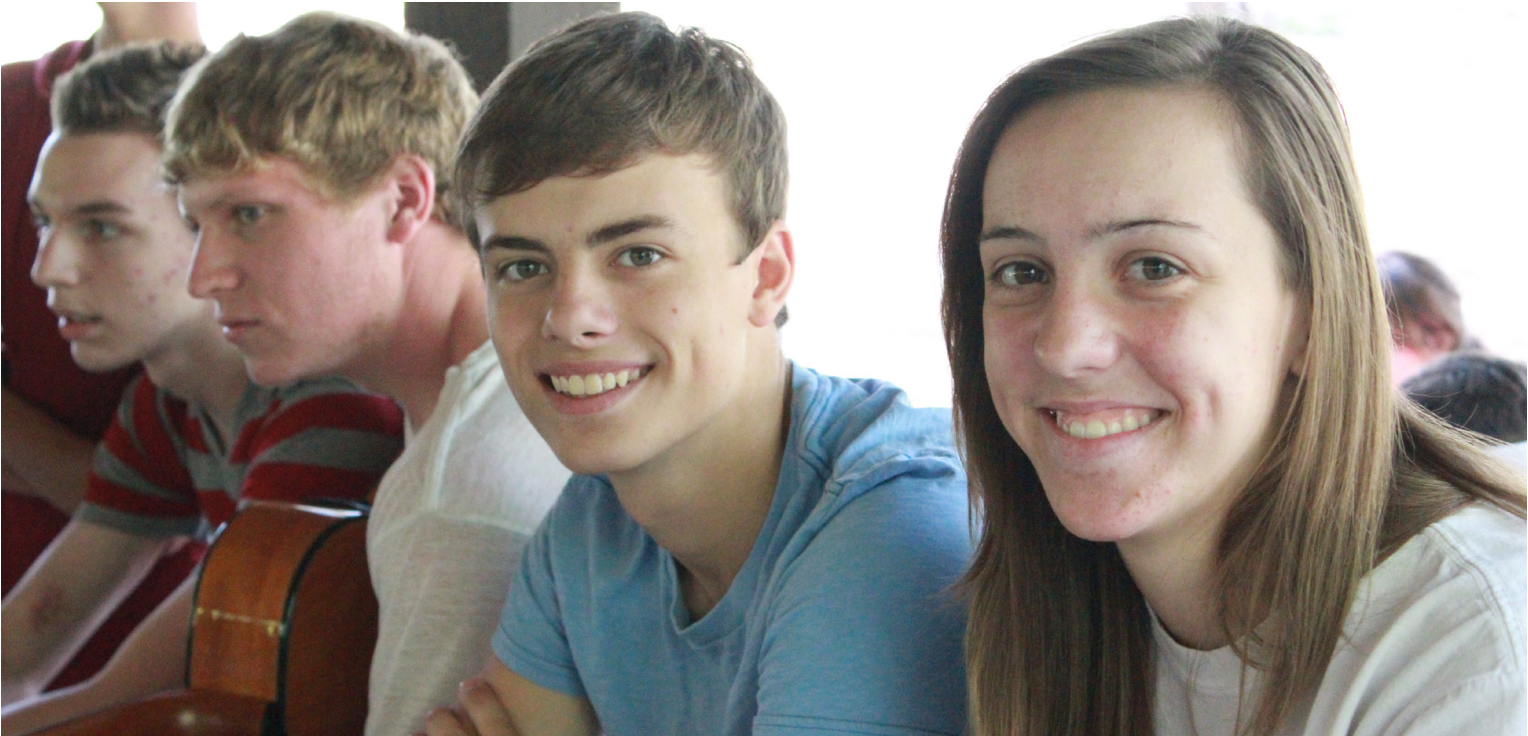
absolutely no voices. This was proof of a fun memory and also proof that the roller coasters were exciting enough not to sleep on.

Every student here is so lucky to go to a school where they keep us busy almost every weekend. I want to thank all of the bus drivers for driving us all that way! I know that Mr. and Mrs. Jedamski, Mr. McNeilus, Mrs. Patrick, and Mr. Van were all a huge help. If I am forgetting anyone I am so sorry. I can speak for all the students by saying that we thank you for driving us all that way. Every time the school has an event like this, I try to make the most out of it because it is my last time to do anything. High school is almost finished and there is only one year left. Seniors, make sure you make every moment count because we will not have another chance. We will look back on these days for the rest of our lives. So my advice is to love everyone and have fun on events like this. The staff at SVA make the year fun and we appreciate it very much!



FRESHMAN SURVEY!

FAVORITE ACTIVITY?	FAVORITE ON-CAMPUS ACTIVITY?	FAVORITE CLASS?
A: Hide-Away Sabbath 36.6%	A: Sleeping 19.4%	A: Math 9.7%
B: Handshake 22.6%	B: Reading 1.6%	B: Conceptual Physics 18.1%
C: Almost Anything Goes 65.9%	C: Listening to Music 6.5%	C: Religion 15.3%
	D: Sports 14.5%	D: Geography 2.8%
	E: Getting Off Campus 8.1%	E: Orchestra/Bells/Choir 20.8%
	F: Hanging Out With Friends 50%	F: English 6.9%
		G: PE 11.1%
		H: Spanish 1.4%
FAVORITE SENIOR?	FAVORITE MEAL?	
Caleb Harris 24.1%	Tater Tots 7.7%	
Julia Seeders 6.9%	Haystacks 57.8%	
Ben Williams 6.9%	Pizza 15.4%	
Nathalia Barg 6.9%	Cereal 11.5%	
Jeanine Taccaca 17.2%	Village Meals 7.7%	
Laura Kelpliner 13.8%		
Melody Morgan 10.3%		
Najma Colhoun 6.9%		
TC 6.9%		



BOYS’ CLUB

BY DANNY JIMENEZ

Boys’ Club is a huge part of school for all of the guys that attend SVA, including village/community students. Our goal is to make events for the guys both fun and spiritual. With our great officers, we have been able to come up with many games in the dorm, like penny pushing. But what kind of game has no rewards? We set up our games with a twist, having

class competition and rewards in the end.

Looking ahead, one of our main events coming up is the dorm retreat. In this getaway, all of the guys take some time to focus on the spiritual aspect of the group and work to become better men. One of the best partners Boys’ Club could ask for is Girls’ Club. Once a year both the

Boys’ Club and Girls’ Club come up with a joint event for the school. This year we will be hosting a banquet for everyone to be a part of! The theme is yet to be announced so make sure you stay tuned. Last year’s banquet was a great success, with a lot of positive feedback. Our goal is to make it just as great or even better, and with this year’s officers, it should be light!

BOYS’ CLUB OFFICERS:

- President: Kenn Laughlin
- Vice President: Danny Jimenez
- Pastor: Trace Wilkens
- Secretary: Carter Ware
- Treasurer: Emmanuel Wetzel
- Community/Village Relations: Seth Hardin



BIRTHDAY REPORT: NO EXCUSES FOR FORGETTING!

Student      Grade    Birthdate  
Garcia, Rodolfo 11  
Parente, Gabriela 11  
Genus, Stephen 10 01-01  
Maia Alcantara de Araujo, Breno Leopoldo 11 01-05  
Griffin, Ryan 09 01-05  
Moore, Andrew 10 01-05  
Cespedes Royero, Katherin Lisseth 12 01-08  
Vallado, Karen 10 01-14  
Armstrong, Barry 09 01-15  
Harter, Matthew 09 01-15  
Lee, Chorok (Susie) 12 01-15  
Ware, Carter 11 01-17  
Wallauer, Nayana 11 01-17  
Daniels, Austin 11 01-18  
Ndahayo, Madeleine 09 01-20  
Pereira Sales, Lucas 11 01-23  
Grady, Denni 12 01-26  
Wetzel, Alexandra 12 01-26  
Vega, Tatyana 09 01-26  
Jedamski, Kearsten 09 01-27  
Anderson, River 11 01-27  
Dorval, Ellerab 10 01-28  
Fogg, Luke 09 01-28  
Fogg, Seth 12 01-28  
Park, Sun Ho 10 01-31  
Abdul-Majid, Nantambu 12 02-06  
Davis, Sarah 12 02-08  
Nestell, Ashton 10 02-08  
Fralick, Gillian 8 02-14  
Von Vogler, Juan 12 02-15  
Almeida, Jhonatan 10 02-16  
Salazar, Joshua 10 02-16  
Coelho, Carlos 10 02-17  
Tacaca, Jeanine 12 02-17  
Peña, Jennifer 11 02-18  
Sloan, Eric 12 02-18  
Renderos, Elsy 09 02-19  
Sewell, Michael 09 02-19  
Sanchez, Christian 09 02-21  
Jensen, Alexander 11 02-23  
Coleman, Philip 12 02-24  
Berrios, Daisy 12 02-26  
McGregor, Ashley 12 02-29  
De Moura, Thiago 11 03-08  
Omwenga, Salima 09 03-10  
Hardin, Seth 11 03-11  
Nago, Paola 10 03-13  
Do Nascimento, Lourenco 12 03-13  
Shaw , Corey 12 03-13  
Kim, Minkyung 10 03-25  
Adeyeye, Janell 09 03-25  
Williams, Benjamin 12 03-26  
Beck, Brittany 09 03-28  
Von Vogler, Jose Andres 10 04-01  
Savegnago, Katheryn 10 04-02  
Alexis, Marlyse 12 04-02  
Hevener, Brent 12 04-02  
Wilkins, Megan 12 04-04  
Lawhorn, Amber 10 04-09  
Gillett, Felix 11 04-12  
Hernandez Garcia, Emma 10 04-14  
Gomez, David 12 04-14  
Melendez, Tatiana 10 04-14  
Pichot, Alain 10 04-15

Camargo Teixeira, Gabriel 10 04-20  
Alvarado, Ashley 10 04-21  
Fernandez, Dahiana 12 04-27  
Henry, Shannen 12 04-30  
Thrall, Madysen 09 05-03  
Lee, Haneul (Jennie) 10 05-04  
Laughlin, Kenneth 12 05-08  
Ware, Madeleine 09 05-08  
Delcid, Sarai 11 05-10  
Ndahayo, Marceline 11 05-11  
Lapido, Claudia 12 05-11  
Mazando, Dzikamayi 09 05-12  
Foltz, Trey 12 05-13  
Moore, Elijah 12 05-13  
Seeders, Julia 12 05-14  
Betancourth, Benjamin 12 05-22  
Koliadko, Kristine 11 05-23  
McCormick, Jenna 10 05-25  
Msipa, Newton 12 06-01  
Miller, Eythan 10 06-02  
Owen, Kimberly10 06-02  
Pichot, Rachelle 12 06-04  
Yepez, Jorge 09 06-04  
Joaquin, Damilka 09 06-06  
Velasquez, Darrick 11 06-06  
Guimaraes Cesar, David 11 06-07  
Costa Oliveira, Gabriel 11 06-10  
Jedamski, Logan 12 06-10  
Ruiz, Karina 11 06-12  
Bame, Clinton 10 06-12  
Santos, Joao Pedro 11 06-13  
Davis, Matthew 11 06-22  
Reyes, Daniel 11 06-24  
Reinoehl, Joshua 09 06-26  
Reinoehl, Matthew 09 06-26  
Plank, Austin 11 06-27  
Devadass, Darnell 09 06-28  
Pakkianathan, Janice 09 07-02  
Son, Fernando 12 07-04  
Suleiman, Annabelle 11 07-04  
Boeira, Kayo 10 07-06  
Dennis, Bethany 12 07-06  
Chirvasuta, Daniel 09 07-07  
Drain, Donovan 11 07-09  
VandeVere, Ryan 11 07-11  
Keplinger, Laura 12 07-13  
DÁ Cunha Barros, Gilson 11 07-20  
Palacios, David 12 07-21  
Campbell, Jasmine 09 07-23  
Hernandez, Daniel 10 07-28  
Whonder, Gabriela 11 07-29  
Mundy, Daniel 11 08-08  
White, Tyler 09 08-08  
Campbell, Dakota 09 08-11  
Ventura, Diana 11 08-13  
Kester-Calvin, Iverson 09 08-16  
Cruz-Cruz, Karen 09 08-19  
Kolade, Sinmidele 10 08-19  
Jedamski, Julia 11 08-21  
Martinez, Douglas 11 08-22  
Wetzel, Emmanuel 1 08-22  
Lee, Sanggi (Justin) 09 08-22  
Edwards, Leiali'i 11 08-24  
Sanchez, Raisy 09 08-24  
Bullard, Montana 09 08-26

Abreu, Michelle 12 08-26  
Davis, Heidi 09 09-04  
Watson, Judson 09 09-07  
Paulino, Ricardo 09 09-09  
Harris, Richard 12 09-09  
Perez, Meshach 09 09-11  
Mundy, Amber 09 09-14  
Cruz Salvador, Ludmila 10 09-18  
Sammeta, Srujana 12 09-18  
Tesgera, Olyad 12 09-18  
Swanson, Joshua 11 09-24  
Bridi, Nathalya 11 09-25  
Vance, Amber 10 09-25  
Sanchez, Alexander 12 09-26  
Sanchez, Ryan 12 09-26  
Wells, Brittany 12 09-27  
Msipa, Nigel 10 09-29  
Minter, April 12 09-30  
Werner, Heidi 12 09-30  
Champion, Amanda 12 10-03  
Barg, Nathalia 12 10-04  
Thomas, Theodore 10 10-04  
Lee, Jung Gi (John) 12 10-04  
Ware, Peyton 10 10-06  
Vergara, Valery 09 10-06  
Nambi, Asha 09 10-08  
Nam, Su Hyun (Julie) 11 10-12  
Ramirez, Reiss 11 10-16  
Ramirez, Ryan 11 10-16  
Soto, Iesha 11 10-17  
Grady , Kanani 09 10-18  
Reedy, Elizabeth 09 10-20  
Callahan , Jacob 09 10-26  
Meireles, Carolina 11 10-26  
Kaliakina, Aleksandra 11 10-28  
Morgan, Melody 12 11-02  
Eiselstein, Eric 09 11-04  
Hortua, Gabriella 12 11-08  
Leb-Hernandez, Karen 11 11-11  
Jimenez, Daniel 11 11-13  
Wilkins, Trace 11 11-14  
Francois, Chenelle 10 11-14  
Yeremis, Dignanyerling 09 11-16  
Ngetich, Brenda 09 11-20  
Lim, Sarah 11 11-20  
Reynolds, Brandon 12 11-21  
De Arruda, Wesley 11 11-27  
Tuozzo, Alexander 11 11-27  
Fralick, Geoffrey 11 11-30  
Balcarcel, Cindy 10 12-02  
Moncada, Roberto 11 12-03  
Herrera, Andrea 11 12-08  
Jimenez, Dewell 09 12-09  
Laues, Imani 12 12-10  
Wilson, Christopher 11 12-12  
Vanegas Barbieri, Carlos 11 12-13  
Schuen, Meredith 10 12-15  
Renderos, Samuel 10 12-15  
Belgrave, Amaia 09 12-16  
Calhoun, Najma 12 12-20  
Schuen, Elizabeth 09 12-21  
Navarro, Carla 10 12-23  
Matthews, James 11 12-28  
Garcete, Hyran 11 12-29  
Pettit, Chloe 10 12-30

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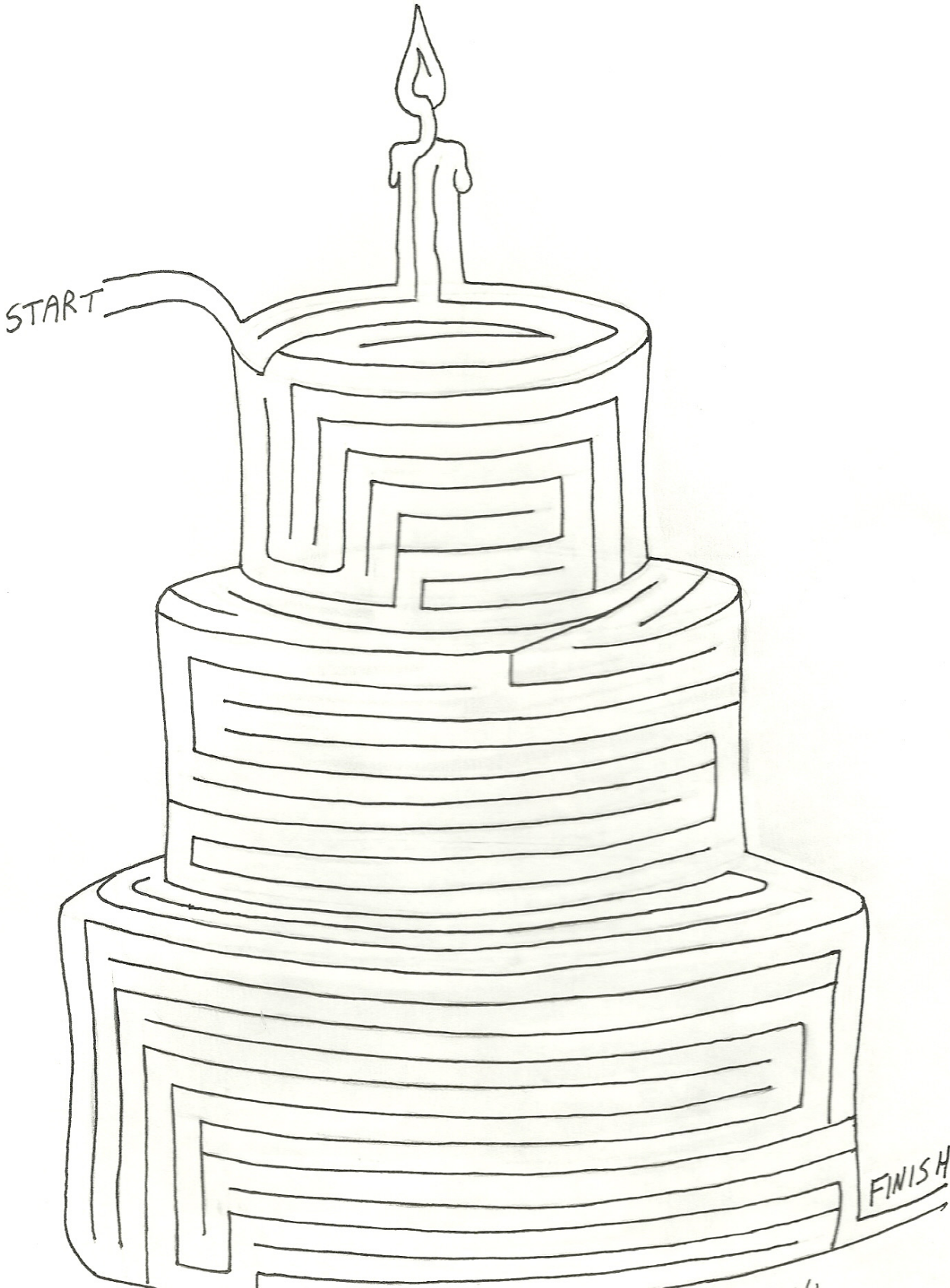
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Principal’s Welcome

BY PRINCIPAL JOHNSON

I’d like to take this opportunity to welcome you to SVA. As many of you know, and most will find out, this school provides many ways to get involved which makes it a very unique place to earn an education. The staff and I are extremely blessed to be working with you and look forward to getting to know you this year.

This year we have selected a school theme based on Matthew 5:14-16 “You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.” This year it is the goal of the staff here to let our light shine as we work with you

Sincerely,  
*Principal Johnson*



Maintenance

BY ALEX SANCHEZ

“Maintenance.” We often hear that during the year, but what exactly is the maintenance department, and what do they do? Maintenance is a small, organized group of people who help keep the school in good shape. This elite group consists of several students, as well as Robert Croft, Bill Osborne, and Jim Little. They do everything! From cutting the grass and trimming bushes, to changing locks and painting inside the dorms, this small organization really helps gets this school look great all year round.

Leading this group of workers is Jim Little. Mr. Little has been at SVA for a very long time—since July 1, 1983 he has been keeping this place in tip-top shape. When asked if the summers are as busy as the regular school year, Mr. Little

replied, “Ohhh yes. . . very busy during the summers. We build whatever needs to be built, freshen up the dorms, paint the buildings, do yard work, and pretty much fix whatever needs to be fixed.”

“Well, seeing that those are busy summers, what does your schedule look like during the school year?” I asked. He replied, “We start off by having 7:00 am worships, followed by whatever needs fixing around the campus.”

Now, if the day is slow and there aren’t any major problems, he would then work with sub-contractors. These are people hired to do specific jobs that our maintenance department isn’t equipped to do. If there is nothing else to do, then there is always homeleave transportation to work on. This includes any-

thing from finding bus drivers to making sure the buses are fixed and ready to go.

“There really is no typical day. . . everything is a surprise,” commented Mr. Little.

It should also be mentioned that Mr. Little is a leader in the Outdoor Education class and club. He loves to cave! Mr. Little explained that he really started to like caving when he joined a Cave and Rescue Squad. After nine years of rescue, he stepped into the Campus Safety position at SVA. When asked if that was his favorite outdoor activity, he said that backpacking is more of his “thing.”

“Being in the outdoors is really quite fun! There’s so much to do and you get to really know God out there,” he said.

The last question that I asked was, “Since you first came here, how much have you seen SVA change?”

“When I first came here,” Mr. Little smiled, “Everything seemed to be in a poor state. The yard work needed some help; the students seemed to be more ‘stuck-up.’ The whole atmosphere really seemed to be missing something. Yet, throughout the years, SVA has gotten increasingly better! Yeah, there have been some up and down years, but overall, SVA has really changed for the better. It’s a great school that has a Christ-like environ-



SA President’s Welcome

BY JEANINE TACACA

Welcome back messages can be somewhat depressing, especially after summer vacation.

Whether you spent your summer procrastinating on assignments, working for extra cash, or even staying in bed all the time, I sincerely hope everyone had an enjoyable vacation. Some of us are here miraculously, or grudgingly, but please know that you are here for a reason and I pray that you will soon know your reason. Every student and faculty on this campus is appreciated and needed, and I hope we can all work together to make this school year SVA’s best yet.

As we settle back into the rhythm of school again, we tend to detest where we are and why we are here. Let’s be honest—we’re not all optimistic on having bad cell service or enjoying the smell of manure in the morning. But we need to remember that SVA is more than that. I want to stress the point of taking advantage of the opportunities here. Whether they are social events to make friends, or spiritual events to grow closer to God, these events happen for your benefit. It WILL make your stay at Shenandoah Valley Academy much more interesting when you participate and/or get involved with your school.

For some of us, this is the very first time at SVA. Coming to a school and leaving home can be intimidating, but I assure you that it does get better, as well as more entertaining. Don’t be afraid to put

yourself out there. Join a club or a sport—it will definitely boost your “first year at SVA” experience. Many others are returning students, and even though it can be difficult to be excited for another year, I strongly advise you to keep strong and anticipate this school year with excitement. And for others still, it’s our last year. I hope that you take this year seriously and not take it for granted. There really is no other place like Shenandoah Valley Academy, and the memories you make here last a lifetime.

Your Student Association is fully ready and enthusiastic to make your 2013-2014 school year fun and interesting. SA (and students behind the scenes) work together to create events in order to make your school year enjoyable. Vice-president is Alexandra Wetzels, Secretary is Gabriela Whonder, Treasurer is Andrea Herrera, Pastor is Alexander Sanchez, Secretary of Sports is Tambu Abdul-Majid, Secretary of Music is Marcie Ndahayo, Secretary of Academics is Ming Kim, Secretary of Fundraising is Geoffrey Fralick, Secretary of Advertising is Julie Nam, Social Secretary is Shannen Henry, Community Relations is Reiss Ramirez, and Secretary of Technology is Clinton Bame. We have many exciting plans and events throughout the school year and I hope that you all participate. We are here to serve YOU, so we are always open to any suggestions. Feel free to communicate your ideas to any one of us.

**Jeanine Tacaca,**  
Student Association President



Hide Away Sabbath

BY MEREDITH SHUEN

August 17, 2013, was a perfect day to go outside and enjoy the wonderful weather, and that is exactly what the SVA students did at the end of the first week of school. We traveled by bus to the river, where fun activities were waiting. The freshmen were excited to experience something new and the returning students were looking forward to a day to spend with friends.

After everyone exited the buses, there was a meeting under a gazebo. After song service, we were separated into groups for the games. Because it was a Sabbath event, we had to create a collection of pictures that matched what was in a certain Bible verse. After everyone finished this game, we got ready to watch the skits that the students had prepared in a certain amount

of time. The ultimate prize for the winners was a trip to Wood Grill Buffet. Karen Vallado says, “I really liked the Bible verse game, but my favorite was the skits.”

After the games, there was more singing, then everyone gathered together to eat lunch, which consisted of haystacks and cookies. When everyone had had their fill, people talked and hung out with their friends and relaxed for a while. After the free time, there was more singing.

At the end of the trip, students and staff alike had had a great time and spent the bus ride back to campus talking about the awesome time they had experienced. Hideaway Sabbath is a time for all of the new and returning students to get to know each other better. It also provides something for the students to do on Sabbath that is religious and fun.





NEW STAFF!

BY KIMBERLY OWEN AND TATIANA MELENDEZ

We have several new staff members this year, and we thought we would ask them some questions so we could get to know them better.

Where do you work on campus?

Dean Nick Lapido: I work in the Boys’ Dorm as a Dean, and for Pastor Harley as Assistant Chaplain

Mr. Kilgore: PE and Health

Dean Ashleigh Sciulli: Assistant Girls’ Dean (Task Force) and Assistant Volleyball Coach

Mr. Goines: I teach Shenandoans and Choir as well as voice lessons and piano lessons.

Where did you live/work before SVA?

Dean Nick Lapido: I live in Beltsville, Maryland

Mr. Kilgore: Kuwait, where I taught PE

Dean Ashleigh Sciulli: I live in Ooltewah, TN, and was the manager at the Kayak

(smoothie shop on SAU’s campus).

Mr. Goines: I was at Andrews University where I worked at Pioneer Memorial Church, although I am originally from New Orleans.

What was your favorite subject in school?

Dean Nick Lapido: Religion

Dean Ashleigh Sciulli: History!

Mr. Goines: English

When/Where did you graduate highschool/college?

Dean Nick Lapido: I graduated from SVA and am currently a Junior at SAU

Mr. Kilgore: Mountain View Academy and PAC

Dean Ashleigh Sciulli: I graduated from Collegedale Academy in 2010 and am a senior at SAU.

Mr. Goines: Bass Memorial Academy and Andrews

What color pen do you prefer?

Dean Nick Lapido: Blue... It’s my favorite color. However, at this moment I seem to have misplaced it.

Mr. Kilgore: Black  
Dean Ashleigh Sciulli: Blue

Do you know any other languages besides English?

Dean Nick Lapido: Spanish and Biblical Hebrew, as well as some Portuguese and French

Mr. Kilgore: I can order food at a French restaurant Family?

Dean Ashleigh Sciulli: I have six amazing siblings!

Hobbies?

Mr. Goines: Cooking  
Dean Nick Lapido: I really enjoy sports. I was on the soccer, basketball, and tennis teams at Southern. (Intramurals, that is—Southern doesn’t have sport teams that compete with other schools.)

Dean Ashleigh Sciulli: I love to read, play volleyball, spend time outdoors, etc.



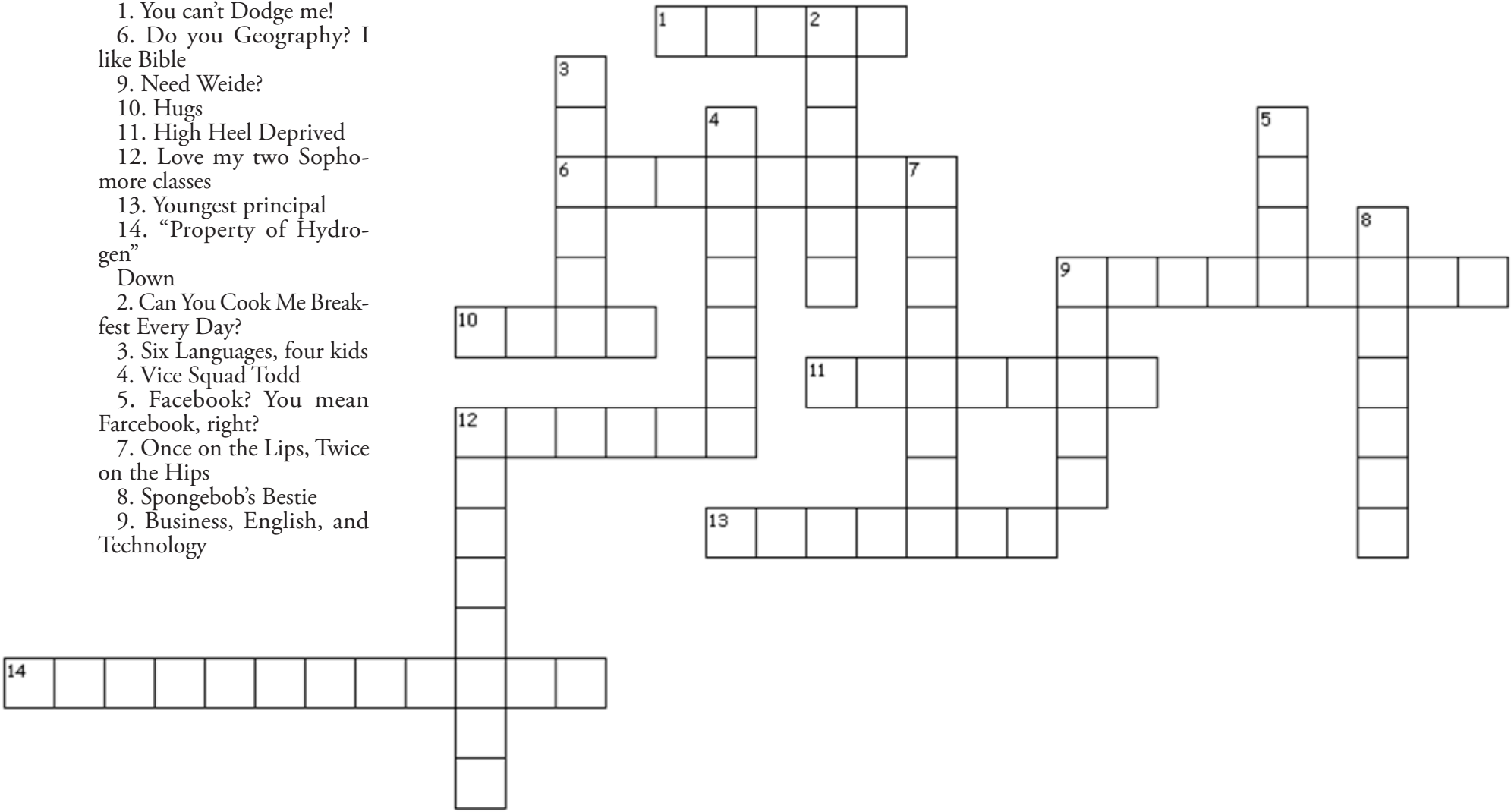
We’re glad all of the new staff are here. Welcome to SVA!



SVA STAFF

BY YOUR AWESOME EDITORS

- Across
- 1. You can’t Dodge me!
  - 6. Do you Geography? I like Bible
  - 9. Need Weide?
  - 10. Hugs
  - 11. High Heel Deprived
  - 12. Love my two Sophomore classes
  - 13. Youngest principal
  - 14. “Property of Hydrogen”
- Down
- 2. Can You Cook Me Breakfast Every Day?
  - 3. Six Languages, four kids
  - 4. Vice Squad Todd
  - 5. Facebook? You mean Farcebook, right?
  - 7. Once on the Lips, Twice on the Hips
  - 8. Spongebob’s Bestie
  - 9. Business, English, and Technology





SPORTS

BY LEI EDWARDS

This is the first Sports Article in Shen-Val-Lore and we are all excited! It's a brand new school year and we are happy to be back at Shenandoah Valley Academy. Many of us have great expectations for this school year. Whether it is our goal to excel inside or outside of school, Shenandoah Valley Academy gives us a unique opportunity to have the ability to fulfill

SVA Girls' Volleyball 2013

Nathalia Bairg  
Amber Mundy  
Cindy Balcarcel  
Carla Navarro  
Nicole Grady

Brenda Ngetich  
Kearsten Jedamski  
Karina Ruiz  
Kristine Koliadko  
Meredith Schuen

April Minter  
Karen Vallado  
Diana Ventura

The boys' soccer tryouts were held Thursday of the same week at 5:00 pm. A great number of guys came

SVA Soccer Team 2013

Jhonaton Almeida  
Luke Fogg  
Kayo Boera  
David Palacios  
Rodolfo Garcia  
Robert Moncada  
Breno Maia  
Seth Fogg

David Cesar  
David Gomez  
Carlos Henrique  
Nigel Msipa  
Daniel Reyes  
Andy Park  
Austin Plank  
Daniel Keyes

Lucas Sales  
Barry Armstrong  
J.P Santos  
Darnell Davadass  
Trace Wilkens  
Gilson Junior  
Kevin Utz

If you were unable or too shy to come try out, don't stress; there is a solution. We don't want to leave anyone out, which is why we are holding different intramurals sports. Anyone and everyone can participate. This year, intramural sports are being led and organized by the boys' dorm head dean, Dean Gerry. For those who are not

sure what intramural sports mean, let me explain: In intramurals sports, participation is not required, and an individual does not have to be highly skilled to participate. If you are interested, just sign up at assigned locations around the Ad Building or dorms. Intramural activities range from traditional sports, such as flag football, basket-

this year with girls' volleyball, guys' soccer, and flag football intramurals. Girls' volleyball tryouts began the second day of school, Tuesday, August 13. Some of the drills were rigorous, but the girls gave it their best.

The final list for SVA girls' volleyball 2013 was put up Thursday of the same week, showing the following:

boys' soccer team was posted early Tuesday morning and showed the following:

ball, and indoor soccer, to non-traditional sports such as dodgeball. The purpose of the Intramural Sports program is to provide an opportunity for every student at SVA to participate in some type of sports activity as regularly as his/her interest, ability, and time will permit.

ORCHESTRA!

Marlyse Alexis  
Barry Armstrong  
Cindy Balcarcel  
Clinton Bame  
Amaia Belgrave  
Kayo Boeira  
Montana Bullard  
Hannah Charles  
Daniel Chirvasuta  
Bethany Dennis  
Ellerab Dorval  
Donovan Drain  
Lei Edwards  
Stephen Genus  
Nicole Grady  
Noe Grady  
Ryan Griffin  
Caleb Harris  
Gabby Hortua  
Julia Jedamski  
Aleksandra Kaliakina  
Laura Keplinger  
Ming Kim  
Krisi Koliadko  
Imani Laues  
Kenn Laughlin  
Sarah Lim  
James Matthews  
Dzik Mazando

Ashley McGregor  
Andrew Moore  
Brenda Ngetich  
Salima Omwenga  
Kim Owen  
Janice Pakkianathan  
Lucas Pereira Sales  
Alain Pichot  
Rachelle Pichot  
Elizabeth Reedy  
Matthew Reinoehl  
Jana Sammeta  
Alex Sanchez  
CJ Sanchez  
Ryan Sanchez  
Julia Seeders  
Eric Sloan  
Joshua Swanson  
Jeanine Tacaca  
Alexander Tuozzo  
Karen Vallado  
Ryan VandeVere  
Carter Ware  
Peyton Ware  
Heidi Werner  
Alex Wetzel  
Emmanuel Wetzel  
Chris Wilson



MEET THE 2013-2014 SHENANDOANS!

Abdul Majid, Nantambu  
Davis, Sarah  
Dennis, Bethany  
Felipe, Gabriel  
Fogg, Seth  
Hernandez, Daniel  
Kaliakina, Sasha  
Keplinger, Laura

Koliadko, Kristine  
Laughlin, Kenn  
Laues, Imani  
Morgan, Melody  
Ndahayo, Marcie  
Omwenga, Salima  
Ramirez, Reiss  
Reyes, Daniel

Savegnago, Katheryn  
Soto, Iesha  
Swanson, JD  
Ventura, Diana  
Ware, Carter  
Ware, Peyton  
Ware, Madeleine  
Werner, Heidi



HANDBELLS ARE COOL! CONGRATS!

Amaia Belgrave  
Daniel Chirvasuta  
Geoff Fralick  
Stephen Genus  
Julia Jedamski  
Kearsten Jedamski  
Ming Kim  
Jennie Lee  
Melody Morgan  
Elizabeth Reedy  
Joshua Swanson  
Madysen Thrall  
Peyton Ware  
Megan Wilkens



FIRST SABBATH

BY SARAH DAVIS

As the selected few walked into the fellowship hall on Sabbath, August 24, an aroma of homemade breakfast filled the air. Unlike the many students sitting in their rooms eating the regular breakfast of fruit, cereal, and yogurt, these musical students were told that breakfast would be served for them before practicing for the church service. Mr. Goines, already tired from the hours slaving over hot ovens and pans, was making sure everything looked presentable enough for his young performers. Orange juice, fluffy eggs, an amazing potato casserole, grits, and raisin toast was the basic menu for the students to feed upon. We ate our fill and hurried to the sanctuary where we started to practice our songs.

Unfortunately, around 9:30 am, the Sabbath School leaders in the church needed to start their planned sessions, so we relocated to the choir room. All through Sabbath School we sang our hearts out to make sure we were fully prepared for the upcoming performance. With singing, shouting, and even whispering at times, we covered all the songs we were to present within the next two hours. I wouldn't be surprised if the rest of the Sabbath School groups throughout the Administration Building heard us from our little choir room. When we had covered everything that we needed to, we started heading over to the church.

While walking across campus, one could see a long line of people along the sidewalk leading to the church. Slowly approaching the line of people, all that could be heard were choruses of "Welcome," "Happy Sabbath," and "Good morning." Each church member made it his or her personal duty to make every student feel like they belonged at Shenandoah Valley Academy. While making it through the smiles, hugs, and laughter, I couldn't help but feel the love circulating around me.

Upon walking into the church sanctuary, you could see the excitement on the students faces up on stage, and on the faces of the other members. The sanctuary was packed full with people eager to learn more about God so they could then share Him with anyone they would come in contact with. The atmosphere was alluring, drawing everyone in as the church should. Slowly but surely, people made their way to their seats.

Once everyone settled down in the pews, Pastor Buz gave a joyous welcome, immediately followed by a lovely piece performed by the SVA handbells. The Shenandoans then got up to lead out in praise time with "Come Thou Fount." The handbells performed two more songs throughout the service while the Shenandoans sang "I Ain't No Ways Tired." It was a beautiful presentation, and

anyone who commented on it said they loved it. After the Shenandoans sang, one man stated, "I've been here nine years and I've never heard the choir sound like that!" With only two weeks of practice, all performers did amazingly well. I am very proud to be a part of the music department here.

Pastor Buz preached about letting your light shine, even when it might get you in trouble. He used Daniel as an example, and how he stood up for God even though he knew the consequences were dire. He knew that the men who were trying to get him in danger with the law were watching, yet he kept on praying to God openly, and as a result, he was thrown into the lions' den. But, even then, God was watching out for Daniel. God sent angels to close the lions' mouths in order to protect Daniel, and Pastor Buz reminded us that God will do the same for us when we need Him.

After the sermon, everyone sang the song "The Lord's Prayer," and the church members handed out special treat bags containing a variety of things to the students.

For Sabbath afternoon, a few choices were given to the students as to what they could do. Pastor Harley took some people up on a hike to the gap overlooking New Market. As strenuous as it was, eventually everyone made it to the top where they sang songs, took pictures, and had a wonder-

DRAMA TEAM A:

Kristine Koliadko  
Ryan Sanchez  
James Matthews  
Andrea Herrera  
Peyton Ware  
David Palacios  
Tatiana Melendez  
Karen Cruz  
Maddy Ndahayo  
Asha Nambi

DRAMA TEAM B:

Amaia Belgrave  
Sarah Lim  
Kimberly Owen  
Matthew Davis  
Valeria Salvador  
Gabriel Diveria

DRAMA LEADERS:

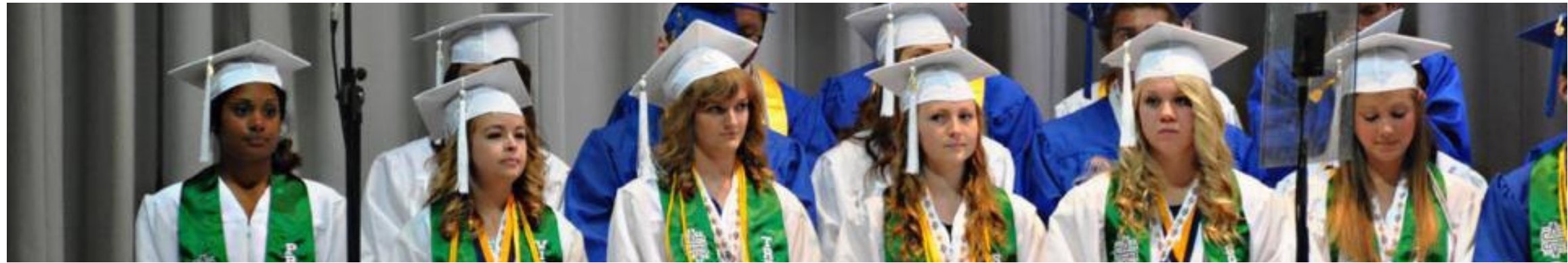
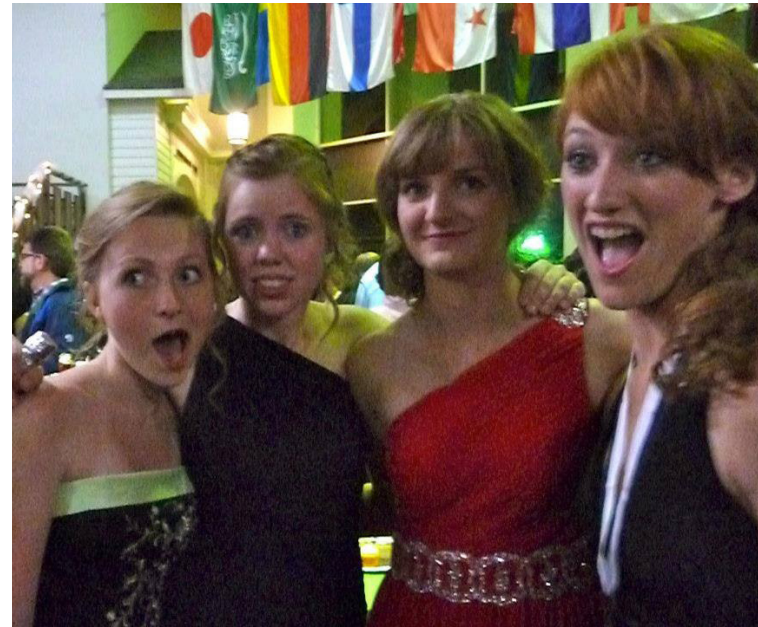
Geoffrey Fralick  
Amber Lawhorn  
Kenn Laughlin  
Gabby Hortua





LETTER FROM THE EDITORS

BY PEYTON WARE AND TATIANA MELENDEZ



Tatiana Melendez, Editor

Peyton Ware, Editor

Mrs. Boyer White, Sponsor

Letters to the Editors:

The Shen-Val-Lore welcomes your letters. All letters must contain the writer’s name and phone number. All unsigned letters will be omitted. The Shen-Val-Lore reserves the right to edit your letters for space and clarity, and to reject any letters. Place all letters under the door of the newspaper room or mail them to: Shen-Val-Lore, 234 West Lee Highway, New Market, VA 22844.

The Shen-Val-Lore is the official student newspaper of Shenandoah Valley Academy and is published by the students. The opinions and views expressed in the Shen-Val-Lore are those of the authors and do not necessarily reflect the views of the editors, Shenandoah Valley Academy, staff and faculty, or the Seventh-Day Adventist Church.

Hello SVA student body! Peyton Ware and Tatiana Melendez here, and we will be your new newspaper editors for the next three years! Being sophomores, this is our second year at SVA, and we are really excited to have the opportunity to produce the upcoming issues of the Shen-Val-Lore. If you think of any suggestions pertaining to

Here, then, are some get-to-know you (us!) questions and answers.

**Favorite Class?**  
Peyton- Conceptual Physics and Orchestra  
**Favorite Teacher?**  
Peyton- Mr. McNeilus and Ms. Wiedemann  
**Hobbies?**  
Peyton- Music (viola, violin, mandolin, vocal), Art, Reading, and Whovian

**Favorite Color?**  
Peyton- Aqua-marine

**Pets?**  
Peyton- Molly (3 quarters Shitzu, 1 quarter King Charles Spaniel), Calvin the Musical Fish, Lover of Classical Music (Yes, that’s his full name; you can call him Calvin. He’s a Japanese Fighter Fish), Carter Ware (though he’s older than me), and Spot (The Goldfish with a Spot)

newspaper, please feel free to talk to us personally or leave a note in our “Big Blue Box of Brain.” (Try saying that five times fast. If you come to us and say it correctly, we’ll feature your picture in our “Challenge” section. Not kidding. It’s pretty hard.)

**Tatiana- Conceptual Physics and Health**

**Tatiana- Mr. McNeilus and Mrs. Jedamski**

**Tatiana- Fangirling (Super-WhoLock), Reading, Writing, and Listening to Music (You can tell I’m the talented one, right?)**

**Tatiana- Is this a real question**

**Tatiana- Bad Kitty (Full-out Sphinx, which means she’s hairless. I can sense your judgments; watch yourself. She’s warm and soft, with big blue eyes. Kitty just really likes knocking things off counters and getting into food.)**



The Roommate Situation? (Tatiana and Peyton were roommates last year and they really enjoyed it. They will tell you

their favorite and least favorite memory.)

Peyton- My least favorite, and perhaps funniest, memory was during first semester. Tati had brought ice-cream to the room, and she put it in the fridge. When the power was turned off Monday night the ice-cream melted, leaving a puddle of melted ice-cream on the floor. Tati cleaned the floor, but then a few days later Kim Owen, our suite-mate, and I walked into the room and saw some pink stuff on the floor where the ice-cream had been. At that point we both pulled up the floor tiles and tried about 20 different ways to clean them, and then we put them in the shower to dry. Then we cleaned the

add.) After that we recorded an amazing Vine with Joe, Isabelle, Blue-Eyed-Rebma, and Pretty-Smel’in-Taoue.

Tatiana- My least favorite memory was when I came out of the bathroom and Peyton had overflowed the sink. There was water absolutely everywhere, and we couldn’t particularly dry it in the five minutes we had to get to class. As the day went on, I realized we had room check coming up, and if I didn’t take care of the carpet disaster, we were going to fail—again. So I ran back to the dorm and tried to look innocent as I explained what had happened to the

fridge and put the tiles back. In the end, we just ended up having cleaner carpet tiles!

My favorite memory was during second semester exam week. Amber Lawhorn, Kim Owen, Tatiana, and I were all in our room. Kim left to get Amber her Geography book so she could study. Then I went and locked the door. Kim came back and knocked on the door. I then asked her in a girly voice, “Who is it?” Kim said in a low voice, “Isabelle, who are you?” I said I’m Joe then continued to ramble on about different things, while Tati and Amber recorded me and laughed (instead of studying, may I

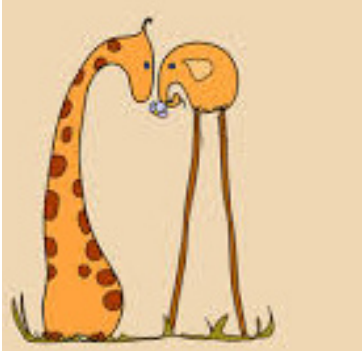
missing squares. Dean Rita passed us, and we finished the year having only failed seven times. If you had seen our room, you would understand how incredible that was.

My favorite memory with Pey was our late night talks and hectic study (more like cramming) parties for Conceptual Physics and Exam Week. WOP always seemed to bring us together as well, and even though our year started out rough, we finished closer than I’d ever thought possible. We may have our pet peeves about each other, but at the end of the day, it was nice to share a room with my crazy baby giraffe.

We hope you enjoy the next three years with us!

From,

Tatiana & Peyton



We are going to miss you, Alex and Angel, and don’t worry--we’ll still call you! We still need help from our two favorite freshmen!

Love,  
Tatiana & Peyton