

# Shen-Val-Lore

The Student Voice of Shenandoah Valley Academy

Shenandoah Valley Academy

October 16, 2015

Volume 85, Edition 2

## UPCOMING EVENTS

### OCTOBER

17 DC Homeless Trip / Nursing Home Visitation

18 Sunday School/Career Day

18 Barn Party

21-25 Homeleave

27 Yearbook Retakes

28-1 Ringfest

### NOVEMBER

1 Daylight Savings Time Ends

4 College Fair (Juniors and Seniors)

7 Senior Extravaganza

8 SAT

13-25 Teen Bible Retreat (CBR)

24 Music Outreach

21 DC Homeless Trip / Nursing Home Visitation

21 Music Outreach

22 Sunday School

24-30 Thanksgiving Break

### DECEMBER

2 World Religions Field Trip

3-7 Journey to Bethlehem

4 SA Spirit Day

5 Campus Ministries Retreat

8 Candlelight Rehursal

10 Candlelight Dress Rehursal

11 Candlelight Concert

12 Candlelight Concert



## GIRLS' CLUB RETREAT

MADAI VILLA

From Friday, October 9, to Sabbath, October 10, Hadley Hall united to have a retreat. Village students came and joined us Friday night, where we had a special worship by Ms. Kelly Wiedemann. She elaborated on the topic of friendship and how God wants to be our best friend. There was an activity where we had to state our flaws to our friends and say all the things we hate about our appearance. Some girls stated they wish they were skinnier, others wanted less acne, and others wish they had thicker

eyebrows. Afterward, we were acknowledged by our very own friends by receiving honest compliments about us. That raised everyone's self-esteem. We prayed and thanked God for being our friend and for making us the way He did, because we are all beautiful in our own unique way. We were allowed to have sleepovers, and so there were four girls per room. We talked for a little and fell asleep. The next morning there was breakfast in the basement lobby, featuring hot cereal, bread, butter, peanut butter,

veggie links, and fruits. After a while of eating and getting ready to depart, we loaded the buses and drove off to Highland Retreat. Once we got there, we started the fire and explored a little. The sermon by Ms. Gail Romeo began at 11:00 and so we went back to the pavilion to hear it. Immediately, many girls felt connected to God; the sermon was profound and touched many of us. We knelt on stage and prayed together. It was a lovely experience. Then, we had some free time, exploring nature, listening to

Adventures in Odyssey, and tossing a volleyball amongst friends. Finally, the whistle rang and it was time for lunch. Yum! There was a really long line but it got shorter quickly. We had a delicious meal of pasta bows with artichoke, spinach, and a creamy tomato sauce. Garlic bread was also provided, as well as a delicious salad. For dessert, we had tasty brownies. At 3:00, we proceeded to have Communion, where we washed our partner's feet in the stream. We then approached the tables orga-

nized into a cross with white tablecloths and breads with little grape juice cups. Pastor Buz gave an explanation of the symbolic meanings and we sang humble songs to Christ, doing all in remembrance of Him. At 4:00, we loaded the buses and took the long ride back to SVA. Overall, many memories were made, the peace and quiet of nature made us closer to God, and having no service on most people's phones contributed to being far from distracted. It was a great place to explore God's Word and world, together with these girls.



## TABLE OF CONTENTS

- 1 Girl's Dorm Retreat
- 2 Parents' Weekend
- 2 Shenandoah Stars Athletics
- 3 SA Picnic
- 6 Fall Week of Prayer
- 7 Boy's Dorm Reatreat





PARENTS' WEEKEND  
SALIMA OMWENGA

While the cold and misty rain fell across the campus of Shenandoah Valley Academy on October 2, many parents were pulling into our parking lots. Smiling faces were shown all around as they were united with their beloved children. Workers were bustling away, as they were starting to prepare the registration table. Parents were given a photo of their child on a lanyard that could be proudly worn around their necks. As Sabbath approached, students were taking their parents on a tour around the administration building as well as front campus. The time came for all students and parents to head to the church for vespers. The spiritual ambiance of the sanctuary brought tears to some eyes as everyone witnessed touching student testimonies as well as the powerful word from Pastor Grady.

This peaceful yet cold Sabbath continued into the morning, where all were to report to the auditorium for Sabbath School. The international club displayed various languages in their presentation of the well-known Bible verse, John 3:16, "For God so loved the world, that he gave his one and only son, that whoever believes in Him shall not perish and have everlasting life." (NIV). Following a few more student testimonies, we met in our prayer circles. Around campus, tables with candles, flowers, and rocks were placed. The candle represented God's Word burning in our hearts and the rocks were for each and every student, parent, and staff to hold and squeeze in their hand as the group leader offered up a prayer for the area in which they were gathered in. This rock symbolized the area of

which the group was located (student center, administration building, dorms, etc.) and the purpose was for everyone to pray for that place each time they looked at the rock. In closing the Sabbath day, the Music Department put on a sacred music concert themed "Pacem" (Peace). Every music group was included, making it truly a musical treat. As Sabbath came to an end, the fun was not quite over. A junk scramble, which was organized by Mr. Short, brought all the classes together for a class-on-class battle where everyone was encouraged to bring "junk" in hopes of their item being called to the middle. Juniors racked up the most points, naming them the winner of the junk scramble. This year's first parent weekend, despite the weather, displayed the sense of unity we have as the Shenandoah Valley Academy family.



CONGRATULATIONS  
CROSS COUNTRY  
TEAM FOR HAVING  
AN AMAZING FIRST  
SEASON. WE HAVE GREAT  
EXPECTATIONS FOR NEXT  
YEAR!



LUKE FOGG AND RICKY PAULINO (CLASS OF 2017) BATTLED IT OUT IN THE FINAL MATCH OF THE 2015 PHANSTIEL HALL PING-PONG SINGLE ELIMINATION TOURNAMENT. RICKY WINS GAME 1 (15-9), BUT LUKE FIGHTS BACK WINNING BOTH GAME 2 (15-12) AND GAME 3 (16-14). LUKE RECEIVED \$20.00 FOR HIS WIN.





# SHENANDOAH STARS

## Volleyball and Soccer September Games

KAREN VALLADO

Before we get into the details of the game, there are a few wrongs I must make right. First of all, Victoria Rios-Rivas was left out of the volleyball team roster. She is a starter, a Senior, and a great addition to the team. Second, Kayo Boeira is one of the soccer captains and Meredith Schuen is a volleyball captain. Kayo and Meredith have been on the team since their freshman year and have earned the title. I am so sorry I left these details out in the first issue.

On September 15, SVA's men's soccer and ladies' volleyball teams traveled to Massanutten Military Academy. Last year the soccer team beat MMA with an unheard of score of 19-0. This year, the team faced very high expectations entering the game. This year, SVA beat MMA 19-0 again! It's appropriate that the leading goal scorers were

none other than the team's three captains.

Player and Number of Goals

Captain Sun Ho Park: 5  
Captain Kayo Boeira: 3  
Captain Darnell Devadass: 3

Luke Fogg: 2  
Barry Armstrong: 2  
Sam Renderos: 1  
Joseph Tembo : 1  
Daniel Palacios: 1  
MMA Player #20: 1

MMA did score a goal but it was not entirely their fault. Barry Armstrong does deserve some credit for this goal since it was he who kicked the ball which deflected off of the MMA player and went into the goal. Soccer manager Madai Villa thought Luke Fogg's throw-in flip fail was the best part of the whole game. Although Amaia Belgrave is volleyball manager,

she had a comment about the soccer game.

She stated, "With a stunning five points, Sun Ho proved he was captain for more than just his good looks. This was also a great chance for Kevin Lee to go out and show what he was made of."

Darnell Devadass congratulated his team by commenting, "It was a good bounce back from the last game. I'm proud of the team for working hard. Props to MMA for keeping their heads up." MMA did have a very positive attitude throughout both games, despite the score, which speaks very highly of their character.

The volleyball team also had a very successful game winning the first three sets in record time. After the starters played the first set and easily won, Mabel Mabena and McKenzie Hanon subbed in

during the second set. On the third set, the second string of players had a turn on the court. Pulling out all starters, except for captain Cindy Balcarcel, Coach Jedamski filled in the rest of the positions with Mabel Mabena, McKenzie Hanon, Valery Vergara, Tiffany Mathias-Bowman, and Jasmine Carcamo, who played libero. Many of the ladies can relate to Valery when she stated, "It was nice to finally get on the court." As a Senior, I myself thought it was really exciting to see some of the other girls step up and play. They are the future of the team and it is never too early to get some experience. This was a great second game for the volleyball team.

On Monday, September 21, SVA played Legacy Christian Academy. The soccer team once again won by an incredible score of 12-1. Although it

was raining, they still went out and gave it their all. Almost the entire game was played on MMA's side of the field. A solid defense consisting of Nigel Msipa, Iverson Kester-Calvin, Luke Fogg, and Chris Jaqua spent most of the their time at the half field line and beyond. All of them eventually scored. Luke Fogg also did his free throw flip correctly this time. The offensive side of the team obviously had a good game as well; just look at the final score! Most of the starters ended up scoring or assisting a goal. Captain Sun Ho Park was not able to play this game due to an ongoing ankle injury.

Player and Number of Goals

Captain Darnell Devadass: 4  
Nigel Msipa: 2  
Captain Kayo Boeira: 1  
Iverson Kester-Calvin: 1

Luke Fogg: 1  
Chris Jaqua: 1  
Joseph Tembo: 1  
Daniel Palacios: 1

The volleyball ladies also had a major victory, winning the first set 25-18. The starters stayed in during the second set and won 25-12. There was a part of the game where Becky Renderos hit serve after serve. It seemed like we would win without ever rotating because of her powerful, consistent serves. The third set was played by three starters (Cindy Balcarcel and Elizabeth Schuen) and four substitutes (Mabel Mabena, McKenzie Hanon, Tiffany Mathias-Bowman, and Jasmine Carcamo as libero). They all did an amazing job and won the third set 25-11, beating the starting team's score! Unfortunately, Valery Vergara injured her wrist during the previous



Sun Ho Park breaking away and about to score his fifth goal.



Jasmine Carcamo after a dive for the ball. Also pictured: #14: McKenzie Hannan, #10: Mabel Mabena, #8: Tiffany Mathias-Bowman, #19: Elizabeth Schuen, and #9: Captain Cindy Balcarcel.

### Volleyball Game Schedule

DATE	DAY	LOCATION	OPPONENT	GAMETIME
10/01/15	Thursday	HOME	Front Royal Christian	5:00
10/4/15	Sunday	HOME	Highland View Academy	12:00
10/08/15	Thursday	HOME	Massanutten Academy	5:00
10/13/15	Tuesday	Away	@Legacy Christian Academy	5:30
10/20/15	Tuesday	Away	@ Front Royal Christian	5:00
10/28-30/15	W-F	Away	@NACA Tournament	TBD

### Soccer Game Schedule

DATE	DAY	LOCATION	OPPONENT	GAMETIME
10/04/15	Sunday	HOME	Highland View Academy	12:00
10/06/15	Tuesday	HOME	Middleburg	5:00
10/08/15	Thursday	HOME	Massanutten Academy	5:00
10/13/15	Tuesday	Away	@Legacy Christian Academy	5:00
10/28-30/15	W-F	Away	@NACA Tournament	TBD



SA FALL PICNIC

COBY KIT ODATE

Tensions were high, stakes were intense, and people were anxious to succeed in the ultimate games between the classes to receive bragging rights and academy cred. We started off the day, September 7, with a track and relay race. Juniors won the one hundred meters, the Seniors won the five hundred and the relay. Then some boys and girls ran on field to play a good game of soccer while others passed the time either watching, keeping score, sleeping, or playing ball. Aside from battling different classes, we were also battling the sun. Fortunately, the scorching heat didn't stop the mingling. Despite the tension in the field, it didn't carry over to the sidelines (initially). Different classes would casually play some sort of ball game with one another because we were all joined in the common struggle of boredom, and the need to pass the time while selected members of our classes were chosen to play in a game. As the day went on the sun got hotter and the thirst became real. So

Mr. Short brought a shipment of refreshments, along with blankets for our class banners. The Seniors accomplished the deed of making two banners; and a shout out to Jennie Lee for making the second Senior banner voluntarily all by herself. The Freshman, Sophomore, and Junior class banners were creative, original, and intelligently color coordinated to their individual class years. They were all innovative, clever, eye catching, and exclusively personalized. After the soccer game ended in Seniors being victorious, there was a basketball game. Juniors beat the Sophomores and Seniors beat the Freshmen. Then it was between the Seniors and Juniors. The game between the Seniors and Juniors was fun and the Juniors took it home and won the game. We all displayed our banners by the end of the game. Then to cool off and fuel up, we had veggie burgers and icees (thanks, Bob!). Then volleyball happened. That game was competitive and scary. The game between

the Freshmen and the Juniors was good, and everyone tried their best. The game between the Sophomores and Seniors was a close game. Initially the Sophomores won a set against the Seniors and the whole room was shocked, but then the Seniors had a major comeback and won the two other sets. So when the game was between the Juniors and the Seniors, life got real. We had people chanting, cheering, and on some occasions, dancing, to encourage their class members. Seniors won the first set. That hurt the Junior class ego a little but, be there was a comeback and they won the second set, although Seniors won the game overall. Some cried and moped while others reveled in their success. Then all the classes made their way to the flagpole to complete the challenges. The first challenge was the baby bottle challenge. Four poor souls from each class were convinced to gulp a whole bottle of mystery liquid. Initially we assumed the Sopho-

mores won, because after a few short minutes Marco Lopez seemed to have drunk the entire bottle. Once we found out that he actually bit the bottle, his participation was a forfeit. Then it was between the Freshmen and Seniors because unfortunately, although Luke Fogg did try, he couldn't get past the revolting taste, which was understandable once we found out the mystery liquid was actually olive oil and other things that probably shouldn't be in a beverage. After about ten minutes, Amber Lawhorn won, because she has an impressively strong stomach with a broad taste palette. Then we moved on to the Sriracha challenge. Once again we took four members from each class to eat three spoonfuls of Sriracha as fast as they could and sit down immediately after. Seniors won again. Then we moved onto the chubby bunny challenge and those of you who forgot what it was, it was when you shoved marshmallows in your mouth and try to say "Chubby

Bunny" after each marshmallow. After witnessing several accounts of people regurgitating globs of gelatin out of their mouths, the Sophomore class won. Last, but not least, all was fair in "Tug of War." Juniors beat the Freshmen, and the Sophomores initially beat the Seniors. It turns out that there was some misunderstanding, and the Sophomores had quite a few extra hands pulling their side of the rope. They had a fair redo, and then they lost the second time around. Then the final game was between the Juniors and Seniors. Seniors won. Some people were really frustrated with the loss but at the end of the day, we should learn very important lessons from Picnic. There is no such thing as too much safety and it's not over till it's over, which means that celebratory cheers should occur after you have fully won the game. Prayers for all those individuals who suffered injuries that day, and may they have full recoveries.











OUR CHRISTIAN LIFE: FALL WEEK OF PRAYER 2015

JULIA RIVERA

When “Week of Prayer” comes to mind, most students think of God’s presence on campus, a guest speaker (unless it is a student-led Week of Prayer), and time with a certain theme set apart to learn more about God, while a few students are happy to have five minutes taken off their classes’ schedule. But would Pastor Harley spend all this time planning a Week of Prayer (WOP) so that we could spend more time inside the auditorium and church? Or is there a bigger reason for a WOP?

On Monday morning, September 21, Pastor Harley opened the week with a special welcome to the speaker for the week, Mr. Victor Brown, and had a prayer of blessing and understanding. Then Mr. Brown introduced himself to us and told us a little about his history at SVA and his family. He proceeded to explain how he wanted this WOP to be like a weekend or vacation when the time flies so fast you don’t know where it went. In closing, he asked

us the question “What do you really believe?” and showed us a clip from Indiana Jones.

That same evening, Heidi Davis, Maddie Ndahayo, Victoria Rios-Rivas, Kathryn Savegnago, Kellie Shelton, and Peyton Ware set the atmosphere for Mr. Brown’s talk with the song “Holy Spirit Rain Down.” Mr. Brown then presented three snapshots of God’s love to us. The first was portrayed through giving “his son” (Cameron Sahly) “a brand new, cherry red, 2015 Corvette with unlimited gas money and money for a driving license.” The point he was trying to make was that God loves us so much that he would give us an amazing, extravagant gift such as His son! The second picture was from John 15 where Jesus calls us his friends, not servants. What is better than being friends? Especially with Jesus! This was shown through a selfie with friends. God loves us like a friend. The third and final picture Mr. Brown showed us the first evening was the “Wed-

ding” when Kathryn Savegnago walked down the aisle to Salima Omwenga playing “Here Comes the Bride,” almost to get married to Stephen Genus. This showed us how God loves us more than the most intimate love on this earth. The theme for the night was that God loves us unconditionally—no matter what. From the ending of Indiana Jones, we have to allow Jesus to pull us up from our sins.

The first day got us ready for the rest of the week. Tuesday morning, we were shown what sin does and how it affects us. A little thing we do now in high school can have consequences, but not as much as in say, 20 years. For example, saying something unkind to a close friend now, we can sometimes forgive and move on, but if we said the same thing in 20 years that person may never talk or want to remember us again! On Tuesday evening, we learned that because of our sin we are worthless, but when God works through our lives, He sees us as priceless children.

This ties into what Wednesday morning was about: How sin binds us up. Mr. Brown started by inviting Sam and Becky Renderos, Trisney Bocala, Valerie Pichot, and Emmanuel Wetzel. Becky tied string around Sam’s wrists 100 times while Valerie tied Emmanuel’s wrists together 25 times. The strong Trisney was able to break the string bound once, twice, five, and ten times around her wrists, while Emmanuel and Sam couldn’t break the string around their wrists. Mr. Brown used this example to show how if we let sin in us, it only takes one bind around us in sin and we are bound up in sin. We may think that we can pull away any time but we can’t. We need God to cut our strings of sin.

Wednesday evening showed us that we need to accept others even if they are different from us because not only is that what God would have us do but it is our duty. We all are made unique and in God’s eyes we are of the same value. Thursday brought to

us “Friendly Fire,” school spirit, and judging with the right judgment. We found out that Friendly Fire, despite its seemingly harmless name, meant hurting people on your own side. Stonewall Jackson was killed in the Civil War because his own guards mistook him as an enemy. We don’t want any Friendly Fire, but instead want school spirit. We have a big responsibility to those we are around every day. Although we may not realize it, our choices every day affect those we are around, whether it be for good or bad. That evening several sophomores led out in song service, before Mr. Brown told us that we shouldn’t judge the mere appearance of other people or things without knowing them. He told us how sometimes we confuse our judgment with right and wrong. We don’t realize sometimes things are just different and we need to leave final judgment to God. We ended the program with two short video clips that showed how when

we “Give a little love, we can get a little love ourselves.”

Friday taught us that we have to run our marathon with three things—practice, pace, and perseverance; looking to Jesus is what finishes our race. We know that our Christian marathon ends with a final finish line and we all want to be there! After the program and prayer, everyone was invited to a communion and afterglow. There was a very good turnout and many testimonies were shared. Kellie Shelton commented that this was one of the best Weeks of Prayer she had experienced.

Twice every year Pastor Harley invites a guest speaker to speak for our Weeks of Prayer; if Pastor Harley didn’t think it made a difference to us he wouldn’t put so much of an effort into making the week relevant to our lives. This WOP was good and lots of people said they enjoyed it. I hope that we can continue to grow as an academy in the future and be able to gain more from these special weeks.

CAN YOU DRAW?

THIS ISSUE’S  
COMIC BY  
KIMBERLY OWEN  
CLASS OF 2016

ARE YOU FULL OF WIT?

ARE YOU FUNNY?

SEND IN COMICS,



AND WE WILL FEATURE THEM!



BOYS' CLUB RETREAT  
DEAN KNIGHT

Thank you all for your prayers this past weekend for NO RAIN. Unfortunately my prayers were answered differently than I had in mind. Our group did experience quite a bit of rain once we arrived at the Spencer's property Friday afternoon; however, I'm proud to say that the guys worked together to set up camp for shelter. They battled the chilly air in wet clothes, but were happy to be near a fire. Special thanks to the Wetzels for joining us. The boys had some complaints about the weather; however, they couldn't possibly have

complained about any lack of food this weekend. We had customized quesadillas with the fixings, grilled burritos, Spanish rice, and s'mores. The boys are happy when their bellies are full. Dean Steven proved to be quite an asset on the propane grill. It was quite a sight to say the least. We enjoyed vespers in a saw-mill on tarps with tiki torches for lighting due to the rain (a real bonding moment). AZ and Sam Renderos led our group in music and praise, and did an awesome job; then Dale Pickett shared part one of his personal testimony.

This was the first camping experience for a lot of the guys, so it was a late Friday night. It did take a while till the "man-giggles" ceased and all was quiet. Sabbath was beautiful. The boys filled their stomachs with a warm breakfast (breakfast burritos, hash browns, and Egg McMuffins). The sun came out, allowing us to have worship down by the pond, where Dale Pickett shared part two of his testimony and explained how much of a blessing his academy experience was while attending SVA. Dale also talked about

the importance of building a personal relationship with God, and how and when that happened for him. He shared texts from the Bible that he would cling to during his challenging times. There was a segment during Sabbath school when we all took 20 minutes of silence apart from one another to pray and listen for God. Everyone was instructed not to talk during this time. Each person had to find his own spot on the property to go to and reflect/think. It was a designated time that students were intentionally seeking God's teaching in His

creation. A few shared their thoughts and insights as we came back together. After lunch (burgers, hot dogs, French fries, and home-made cinnamon sugar doughnuts), the guys enjoyed fishing, hanging out around the fire, paddle boating, singing, playing guitar, climbing trees, and splashing around the pond. It was the perfect day to just relax, build good relationships, and experience God's incredible creation. After we packed and cleaned up camp, we all prayed together as a group before we loaded the vehicles.

We departed the Spencer's around 4:30 pm, and later enjoyed Tony's pizzas and root beer floats with the ladies for supper at the SVA café. We closed the Sabbath together at the flag-pole, sharing the excitement of both the dorm retreats. Glow Stick Capture-the-Flag was the Saturday night feature. There may have been some rule-bending on both sides; however, it was a hit. Needless to say... it was a full weekend. We have awesome students to work with.





THIS IS RESERVED FOR ALL THE UNBORN ARTICLES THAT WERE NEVER GIVEN A CHANCE.

Turn in your Newspaper Articles, and stop the grief...  
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INFO ON SENATE  
MOTIONS UNDER DISCUSSION  
-EXTENDED CELL PHONE USE IN DORM FOR HONOR STUDENTS AND/OR SENIORS  
IF YOU HAVE SOMETHING YOU WANT TO BE ADDRESSED, TELL YOUR CLASS SENATOR ASAP

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