# Shen-Val-Lore

The Student Voice of Shenandoah Valley Academy

Shenandoah Valley Academy

### March 18, 2016

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#### Boys' & Girls' Club Skate Night

MATTHEW REINOEHL

For the Girls' and Boys' club date night this year, everyone was invited to go to a 70's themed skate night on February 21. The night was full of fun for all, from the moment we arrived to the moment we left. To start the night off, we had some time to skate around with our friends and dates. Many people spent this time either racing around the rink trying to go as fast as humanly possible, or going as slow as possible to spend

their date.

After everyone had a chance to go skating for a while, the event transitioned into some fun games and races. The first activity was a game where participants skated around the rink until the music stopped, at which time they went to the nearest number on the wall and awaited their fate as someone rolled a big die on the floor to see which number would be eliminated.

some nice quality time with The next activity to take place was a race. The first race was between the girls, and Junior Madeleine Ware happened to barely pull ahead and claim the victory for that race. The next race to take place was between the first group of guys, and this race was a very close one. Junior Iverson Kester-Calvin managed to pull ahead and claim his place as the victor for this race. The next race to take place was for the second group of guys, and

here Kevin Lee completely dominated everyone and even skated backwards for a small section of it to demonstrate how much control and power he had. The final race that took place was between the three victors—Madeleine, Iverson, and Kevin. During this race Maddie and Iverson were completely dominated as Kevin easily claimed the title as the race's champion. By this point, things were starting to wind down. The

pizza that the sponsors had ordered had just arrived, so most people left the rink to eat. After everyone had finished eating, we were able to skate around for another 30 18-22 minutes before we started to load up the busses and head on back to SVA. Overall, the skate night was

a lot of fun, and I would like to give a huge thank you to 24 everyone who was involved in helping to put the event together.

#### Upcoming Events *MARCH*

Nursing Home Visitation

23-April 3 Mission Trip

23-April 3 Spring Break

#### **APRIL**

Potomac Conference Elementary Music Festival

SA Spirit Day

DC Homeless Ministry

ACT Test

10-11 Academy Days

12 Freshman ASPIRE Testing

13 Sophomore ASPIRE Testing

15-16 Alumni Weekend

Nursing Home Visitation

Spring Week of Prayer

TOEFL Test

Junior-Senior Banquet

Sophomore Religion and History Field Trip to DC

27-May 1 April Homeleave

#### MAY

A&P Open Heart Surgery

AP English Exam

AP Calculus Exam

New England Study Tour

Exam Permit Clearance

SA Elections 13

Spring Music Concert

Awards Chapel

Yearbook

School Picnic 15

19-20 Senior Exams

Vespers at Lake Arrowhead

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21 Best of Everything and Video

21 Seniors Leave for Class Trip

22-25 Senior Class Trip

23-25 Final Exams





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- FAITH Not Feelings







**SA TALENT SHOW** 

KAREN VALLADO

Talent show gives SVA students an opportunity not only to demonstrate their talents, but also to prove something to themselves. With practice, self-discipline, group cooperation, and creativity, you can do something or be a part of something that will bring joy to others. This year's talent show had a wide variety of acts ranging from musical performances using voice, piano, and violin, to a skit and pantomime. The night of February 27 began with the two hosts, Ms. Wiedemann and Dean Azariah, singing and playing guitar to an original song welcoming the audience to the talent show. The song was full of clever lyrics that gave a sneak peak of the acts to come. From there on, many musical acts followed.

The first act was a cello trio with Clinton Bame, Sierra ents, this time on the violin Anderson, and Benjamin and joined by Victoria Rios-Perkin. They played a rendi- Rivas as well as her father, Perez, and Suzanne Davido- touch and made their perfor- equally loved by Christ, who SA Talent Show.

arrangement was done by Mr. Joshua Goines and incorporated several famous classical pieces so smoothly that it just seemed like it was meant to be that way. The three cellists did an amazing job and brought some life back into the school

The next act was a piano solo performed by Julia Rivera. The piece had a big build up and was full of drama. Then Daniel Chirvasuta played (by memory) "Winter" from The Four Seasons. As Ms. Wiedemann mentioned when she introduced this act, the song is full of the sounds you might hear during the winter and if you were listening carefully, you could hear the chattering of teeth and a crisp breeze blow by. After that outstanding performance, Julia Rivera once again showcased her tal-

got really into character and wore clothes that matched the theme and culture of the music. The audience enjoyed the performance and even began to clap along. Elizabeth Schuen and Coby Odate lit up the stage singing "Drowning Shadows" by Sam Smith and accompanied by CJ Sanchez on the piano. They put on a great performance and showed lots of emotion. Following the trio, CJ Sanchez played piano for Sam Renderos, who played guitar and sang "Lean On Me" with immense passion and heart.

During intermission, the Junior class sold various snacks and then everyone headed back to the auditorium for the second batch of acts. It began with a fun filled movie trivia skit starring Ming Kim, Ashley Alvarado, Emmanuel Wetzel, Cameron Sahly, Dewell Jimenez, Meshach

speaker for the group and kept the audience entertained by telling several anti-jokes while the group set up between the different parts of the skit. This act involved audience participate and brought some energy and laughter to night. The group acted out an iconic scene from a famous movie and the audience would have to guess which movie it was from. They did many movies including Dead Poets Society, Inside Out, Titanic, Ratatouille, The Parent Trap, The Princess Diaries, and High School Musical. They even did the Snickers commercial.

Krissia Kersey and Daniel Palacios sang "Come to Me" by Jan Johnson. Krissia also played the guitar during the act and although many of the students were familiar with the song, they were not familiar with the Spanish verse that ended with everyone joining had a great time either seeing the duo added. It was a sweet hands and finding that all are or participating in this year's

sonal. The song is a call from God to come to Him and find rest as the Bible promises in Matthew 11:28. Many Biblical promises are interwoven in the lyrics of this song and when it is sung by two people with such soothing voices as Daniel and Krissia, it is a blessing to all who listen.

Mrs. Griffin introduced the Senior pantomime group, Dream 16, and there was a shift in the mood. The act was about a very serious topic that many of the participants were passionate about: a Christian perspective on the Civil Rights Movement. Throughout the performance, entitled "There is a Light," there were elements of black power, the KKK, cross burnings, hate crimes, and the struggle of a people for taking a stand for equality. The pantomime tion of our school song. The Mr. Rivera. The group also vas. Cameron Sahly was the mance more unique and per- sacrificed Himself for no one

specific race but for all mankind.

There were three judges: Mrs. Cali LaPierre, Mr. Jim Minty, and Ms. Molly Bouffard. Mrs. LaPierre is a speechpathologist and the wife of the SVAE principal. Mr. Minty teaches the 5th grade class at SVAE and directs the handbells and the 5th-8th grade band. Ms. Molly is a student at JMU who will graduate this year with a master's degree in pedagogy. As the judges deliberated, Mr. Rivera and his two sons entertained the audience with several folk songs. Then the judges came out and announced that the second place award went to Krissia and Daniel, the first place award went to Dream 16, and the grand prize went to Daniel Chirvasuta. All the acts were great and everyone









Shen-Val-Lore



#### LADY STARS-BASKETBALL 2015-2016

Tryouts for the girls were held one Monday afternoon, and you could feel the competitiveness in the air. Every girl that showed up gave it her all when running lines and drills, all while having fun. A week later coach settled on a team: 12 Varsity players and three red shirts:

Katheryn Savegnago Maddy Ndahayo Raisy Sanchez

Salima Omwenga Minna Omwenga Cindy Balcarcel

Carla Navarro Haley Wolters Victoria Rios-Rivas Karson Hudson Noe Grady Maddie Ware

Karen Cruz-Cruz Peris Munene Katie Kemmerer



#### SVA GIRLS' BASKETBALL

CARLA NAVARRO

weeks to train until their first game, and they worked hard every day and encouraged each other to do better. They ran lines, learned plays, and ran drills all so they could dive into the first game on December 3 against Massanutten Academy. It was the first home game, and the Stars struggled a little with the plays and hustling back into position, but overall the team members played hard until the end. The team didn't win that game,

The team had about two capabilities. They continued to practice, and on December 5 had a Saturday night game at HVA. This team has been their rivals for a long time, and our girls pushed hard and were focused. It was a really close game but SVA ended up losing by a couple of points. On the way back, team members reflected on the game and analyzed what they did wrong, helping each other with positive comments. The next game against HVA was won by more than 10 points but it gave them an under- and after a lot of work. All standing of the team and its the team could smell was

victory. The game was well played and the girls were able to show what they had been practicing for weeks; offensive and defensive plays were well

About a week later, the team participated in the Spencerville tournament that consisted of four different teams within our conference. The Lady Stars won their first game and were then in the championship game against Spencerville. Nerves were running high but they managed to calm down and focus on the game; by halftime the score was 3-3, giving SVA a chance to win. During the second half, the Stars' game speed increased but so did sloppiness, causing them to lose the game by four points. The ride home was a bit quiet but everyone was proud of the team and the hard work and Coach Wolters did a good job of encouraging the team.

The team had a couple games after that but nothing was motivating them more than the thought of Andrews Tournament. After weeks of hard work and consistent practice, the team headed

SVA SmugMug

up to Michigan on Februa bus filled with athletes was a dream. Both the boys' and girls' teams arrived late at night at the hotel and settled in, and the next morning had a game against Andrews Academy at about 10:00. The game started at a very upbeat pace and the other team had a lot of energy, and halfway through the first quarter our girls were getting beat by 10 points or more. It was a disappointing loss but it was only the first game so they didn't worry too much; now they

knew what they needed to ary 3. The 12-hour drive in improve. The next game was that afternoon at the Andrews Academy gym, where the Stars played a well-structured team and, despite a great start, sadly lost. The next few days were a blur but in each game the girls gave it their all and at the end of the day they were still in a good mood and had a Christian-like character. Coach Wolters was so proud. The total score for the tournament was 0-5 but it was a great bonding experience for all. Coach Wolters coached us well and the team will always be thankful.













#### **EUROPEAN ROK VESPERS**

**MEREDITH SCHUEN** 

Ministries provided the Shenandoah Valley Academy students with a very informative and delicious vespers. Even before the ROK Vespers began, students were talking about how excited they were. The Friday night vespers started off with a video of Christian music from many different European countries. The students and ROK leaders sang "God Is So Good" and "He's Got the Whole World" in Italian, German, French, and English. Singing in some of these languages was difficult, but it was great to praise God with them. Singing these songs reminds us that there are many different ways of praising God and that He cares for all of us. After singing, Anca Chirva-

February 19, 2016, ROK suta Dauer gave a presentation on Romania, her home country. She talked about her family's story and how they left fallen communist Romania for the United States. She gave us some information on the types of Romanian food, Romanian inventors, and other interesting facts. Anca talked about growing up in two different cultures and what it was like to experience two different worlds. She also talked about her work as a medical missionary and all of the places she has been to. Many students at SVA have grown up in two or more different cultures and it was nice to see that they were touched by Anca's message.

Junior Janell Adeyeye stated, "It was great to learn about the way that Romania has developed and the facts ROK leaders were dressed in were cool.'

After Anca's presentation, all of the students participated in eating different European foods. The fellowship hall and some of the Sabbath school rooms were filled with European dishes from Hungary, Switzerland, Germany, and many others. The decorations and presentations of the different countries were very unique. I liked learning about the different cultures and knowing a little bit more about the rest of the world. The food looked great and there was a great variety. There were foods such as apple pancakes from Poland, apfelstrudel from Germany, gulyas from Hungary, cabbage and rice from Romania, and other pleasant dishes. The

traditional clothes from the country that they were representing.

Senior Karen Vallado said, "I really enjoyed the food. I liked the cabbage and rice from Romania."

"It was my favorite ROK vespers that I have been to at my time at SVA. The display of the European cultures was authentic and the food was delicious," said Senior Cameron Sahly.

Junior Coby Odate said, "The food was great and everything was exotic. The pretzels were good and Romania was a good station."

After receiving the different European foods, students sat down at the tables provided and chatted with each other. I could tell that everyone was enjoying the food and company of others. It was nice to talk to other students about the food and what cultures they are from. I learned quite a bit from the ROK Vespers and had a lot of fun as well. Learning about the rest of the world is a great experience, no matter how small. Learning about other cultures is an interesting way to challenge your thought processes and expand the way you process information. When you learn about another culture, and see why others do the things they do, it is easier to understand them. The real reason we should learn about other cultures is because they help us to improve our understanding of the world. Looking at all of the different

ways of cooking foods and

understanding Jesus was very eye- opening. It is important to connect with people from all over the world.

I would like to thank all who participated in making the different foods and representing the vibrant cultures of these countries, and especially ROK leaders Peggy Gray and Marianne Minnick. The entire school was very impressed with the variety and the thought that was put into the displays. The people behind ROK are much appreciated. I am grateful for all of the events that they have put on and what each ROK parent does for Shenandoah Valley Academy students. It is very exciting to get gift bags and know that someone cares for us. This ROK Vespers has been one of the best and I hope there can be many more just like it.









RED CROSS BLOOD DRIVE AMBER LAWHORN

The Red Cross Foundation is a 134-year-old humanitarian organization. Headquartered in Washington, D.C., the foundation is made up of 650 chapters and 36 blood services regions in the United States. Red Cross alone contributes around 40% of donated blood in our country. Red Cross employees travel to different areas and schools collecting blood through the blood drive process. Many of these blood drives take place on high school and university campuses. (https:// en.wikipedia.org/wiki/American\_Red\_Cross#Blood\_ donation)

On Monday, February 15, SVA helped contribute to the 40% of all donated blood that Red Cross collects to save

lives. "It was very rewarding to be able to save someone's life with just a little time and some blood," said Senior Emmanuel Wetzel

National Honor Society (NHS) members volunteered to help the Red Cross workers to set up. This included carrying in all the medical supplies needed for safe blood donation. Red Cross is sure to prevent any contamination in the blood donations they accept to keep their donors safe. The students also helped set up the "tables" where the donors would lie down while donating, as well as the partitions that enclose the donors Have you ever had a positive during the prescreening questions they must answer before donating. "It was fascinating have you received a blood to see Emmanuel Wetzel give transfusion in the United

double red cells. Also it was fun working with my fellow NHS members and practicing the pantomime with the seniors while the Red Cross staff members were still there at the end of the day," said Senior Minkyung Kim

The questions the Red Cross asks are purely for safety reasons and, according to www. fda.gov, may include the fol-

lowing: In the past 48 hours, have you taken aspirin or anything that has aspirin in it? Have you ever been in Africa? Have any of your relatives had Creutzfeldt-Jakob disease? test for the HIV/AIDS virus? From 1980 to the present,

Kingdom? Have you been in juvenile detention, lockup, jail, or prison for more than 72 hours? Have you donated a double unit of red cells using an apheresis machine in the past 16 weeks? Female donors: Have you been pregnant or are you pregnant now (within the past six weeks)?

NHS members helped the donors register and escorted them to the snack table after they had made their donation. The snack table included bags of crackers and cookies, water, and juices. Some of the NHS members included: Kimberly Owen, Taylor Belleza, Ming Kim, Chloe Pettit, Jennie Lee, Amber Lawhorn, Leah Charles, Janice Pakkianathan, and Allie Mae Magtanong. By assisting in the blood drive, the of the Red Cross Foundation, and exemplified SVA's dedication to service. As stated in the Red Cross Bill of Rights, donors are the center of the foundation. Without people like SVA students taking time out of their day to save a life, Red Cross would not exist. Thank you, National Honor Society!

"It was a great experience as always to donate blood. The people were well-trained, and it felt good to donate to a very worthy cause," said Senior Cameron Sahly

This year the blood drive met the goal of 16 donors. Certainly we agree with NHS when he says "a lot of blood was collected." Some of the

students showed their support students who came in to make donations were Seniors Emmanuel Wetzel, Cameron Sahly, Kim Owen, Clinton Bame, Stephen Genus, and Daniel Hernandez, and Juniors Janice Pakkianathan and Maddy Ndahayo.

> Kim Owen, a rather direct person, said this about her experience: "I gave blood."

> In conclusion, Junior Amaia Belgrave put it like this, "It was wonderful...It just warmed my old heart."

A note from the Red Cross Foundation to the students who donated blood on a Monday, in February, and with great courage reads as follows: "Thank you for being sponsor Mr. Tom McNeilus a partner in our lifesaving mission." (redcrossblood.org)



Please Give Blood.



#### NATIONAL HONOR SOCIETY INDUCTION AND PRINCIPAL'S BRUNCH

MADAI VILLA

February 28, a Sunday, just a day before leap year, was an important day to remember. Several students were induct-Society, and 76 students attended Principal's Brunch to celebrate their outstanding academic achievement of attaining a 3.5 GPA or higher. This was an attraction for parents, also, many of whom attended in support of their child.

The NHS Induction started at 9:00 am sharp in the Auditorium, promoting the scholarship, leadership, service, and character expected

Lee, and Tatiana Melendez and Junior Raisy Sanchez ed into the National Honor elaborated each one of these qualities and lit a candle signifying them. NHS president Peyton Ware (Senior) presented the New Inductees musical performance, including Sophomores Valery Vergara, Chantel Palmer, and Jasmine Carcamo. Together, they sang "On My Knees." Following the performance, the new inductees were called up individually, as Seniors Meredith Schuen, Chloe Pettit, and Kim Owen stated some quick

of each of the members. facts about each and every Seniors Madai Villa, Jennie one of them. Each inductee came on stage and lit their own small candle, representing their integration to the Society. Then Dr. Twomley spoke a few words, thanking the parents for their sedulous efforts in nurturing the students to thrive academically. Then, Sophomores Allie Mae Magtanong (clarinet), Trisney Bocala (piano), and Miranda Benton (oboe) performed a beautiful trio of the song, "It Is Well." The program ended with a closing prayer, followed by a group picture of all the members in our school.

After this ended, the majority of the audience walked to the cafeteria for a special brunch prepared by Cafeteria Director Bob Ockenga and his workers. There, Dr. Twomley gave a warm welcome and informed all that Mr. Short has accepted his role as principal for the following school year. Mr. Short then delivered a short speech, thanking the parents for all their efforts. The senior pastor of the New Market Church, Pr. Shane Anderson, then had a blessing over the food. There were omelets and delicious potatoes, followed by Span-

ish rice and beans. There were sented, which had a total of also Linkettes and a variety of breads and pastries. There was orange juice and water to pick up at the last table. The families were delighted to enjoy a Sunday brunch with smiling faces looking at the their child, celebrating their cameras, holding up a certifiacademic achievements.

presentation began, starting with the Freshman class with nine boys and 13 girls on it. Sophomores followed, with a total of 12 students, with 11 girls and one boy. After that, the Junior class was pre-

26 students, with 14 girls and 12 boys. Presentations ended with the Senior class, with a total of 16 students, with 13 girls and 3 boys. There were cate in their hands, delighted Following the scrumptious with their achievements. After meal, the Principal's List everyone was satisfied with the family photos, students and their families began to a total of 22 students, with leave the cafeteria and make their way to the dorms. It was a wonderful morning, and thoroughly enjoyed by

all who came.



















#### SUPER BOWL PARTY

ELIZABETH SCHUEN

The beginning of February brought a sense of anticipation as many looked forward to watching what would be a battle between the Denver Broncos and Carolina Panthers in Super Bowl 50. SVA usually holds Super Bowl parties separately for girls and boys, but this year they decided to provide the opportunity for all students to join together in the auditorium to watch the Super Bowl. The turnout on February 7 was great; many students came eager to see who would come out victorious. At the entrance of the auditorium

was a stand where students could write down what they thought the ending score of the game for both teams would be. Sophomore Jurnee Nealy guessed the end score closest and earned an iTunes gift card after all of the entries were read.

The football game started off right away and everyone sat quietly, waiting to see what would happen. Before we knew it, halftime came and many of the staff were kind enough to provide us with delicious snacks. There was more than enough for everyone, but students ran to

the treats, including Junior Luke Fogg, who reported, "The chocolate covered raisins were nice," and Senior Kayo who "really liked the brownies!"

Inside the auditorium, Dean Knight also held a football questionnaire competition during the halftime period while the livestream was turned off. Most of those who participated in it did not have much knowledge about football teams and players, but Freshman Andrew Pakkianathan had the answers written down almost before

make sure they got some of the question was finished! He ended up winning the competition and earned a gift card. The boys' and girls' basketball teams, along with a handful of Seniors who went to visit the college, returned from the Andrews University tournament and flowed into the auditorium to join everyone else for the second half of the game. Everyone was very excited, and many more were thrilled when the game was finally over and the Denver Broncos came out as the winners of Super Bowl 50. After the game, there was a feeling of satisfaction that the game

was over and there was a set thers. I voted for the Panthers, winner. "I knew the Broncos were going to win. It was nice being able to see Peyton Man-Super Bowl with my classmates," said Senior Daniel Hernandez as he reflected back upon Peyton Manning's 18-year football career, which had just come to a victorious end playing for the winning Denver Broncos. Although the Carolina Panthers did not win, there were still some good things said about the game. Junior Judson Watson stated, "It was fun watching the Broncos beat the Pan-

but in the second half they threw their chances away. I'm happy that the Broncos ning win his second and last won, though." The Seniors were also appreciative that they could spend time with their classmates. Sun Ho Park said, "As seniors, we've been to a lot of Super Bowl parties, but what was great about this one was the fact that we could all join together in the spirit of football." Overall the Super Bowl party was fun and appreciated by many who wanted to be with their friends to watch the game.

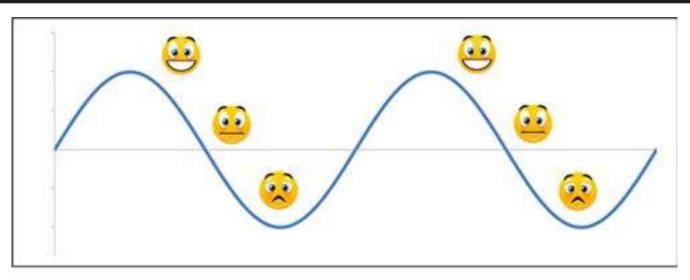
#### Boys' & Girls' Club Skate Night







#### FAITH Not Feelings Pastor Jenny



were burdened by the seemingly never-ending rollercoaster ride of emotions and your faith? For the longest time, whenever I felt good or happy and when everything in my life was problem-free, my faith was strong in God. But when I felt sad or discouraged and when my circumstances were difficult, my faith would dry up. And due to my constantly fluctuating emotions

Ever wondered about or and situations of life, my faith would go up and down just the same. It was not until Dad (God) revealed to me the power of choice and the passage below, which finally freed me from this rollercoaster ride of my faith:

"I have frequently seen that the children of the Lord neglected prayer altogether too much, especially in secret; and that many do not exercise that faith which is their

privilege and duty, and often wait for that feeling which faith alone can bring. Feeling is not faith, but the two are distinct. Faith is ours to exercise, but joyful feelings, and the blessing, is God's to give. The grace of God comes to the soul through the channel of living faith, and that faith it is our power to exercise. ExV 59.1 True faith lays hold of and claims the promised blessing before it is realized and

felt. I have seen that we must send up our petitions in faith within the second vail, and have our faith take hold of the promised blessing, and claim it as ours. And we are then to believe that the blessing is ours, and that we receive it, because our faith has hold of it, and according to the Word it is ours. 'What things soever ye desire when ye pray, believe that ye receive them, and ye shall have them.' Here is faith,

naked faith, to believe that we receive the blessing, even before we realize it. When the promised blessing is realized and enjoyed, faith is swallowed up. But many suppose they have much faith when sharing largely of the Holy Spirit, and that they cannot have faith unless they feel the power of the Spirit. Such confound faith with the blessing that comes through faith. The very time to exercise faith is

when we feel destitute of the Spirit. When thick clouds of darkness seem to hover over the mind, then is the time to let living faith pierce the darkness, and scatter the clouds. True faith rests on the promises contained in the word of God, and those only who obey the Word, can claim the glorious promises contained in it. ExV 59.2" (Ellen White)











Please chekc the bottom left hand corner underneath each photograph to know which one of the friends of the Shen-Val-Lore gave us the picture.

Many of the photographs we used for this issue are from Shenandoah Valley Academy's SmugMug Page. If you wish to see more photographs of Shenandoah Valley Academy, please visit https://shenandoahvalleyacademy.smugmug.com/ Some of the photographs we used in this issue are from friends of the Shen-Val-Lore. Bobby Belleza and Azariah Anderson have both kindly allowed us to use their pictures this issue.

A few of the photographs we received for this issue of the Shen-Val-Lore, as well as every other issue, are from the Shenandoah Valley Academy Yearbook Staff. If you are interested in who took these pictures please contact Mitzi Bame, the Yearbook Sponsor, and she will have her staff get back to you as soon as possible. The Yearbook Editor that allows us to use these photographs is Suzanne Davidovas. Please contact either the editor or the sponsor, if possible, before using these photographs for anything other than personal use and enjoyment.

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#### Letters to the Editors:

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